

MIS 2024 REBASE

PP+1

A: Food and Non-Alcoholic Beverages				£ 155.68
	A1: Food			£ 144.43
	A2: Catering			£ 11.25
B: Alcohol and Tobacco				£ 13.35
	B1: Alcohol			£ 13.35
		B1A: Alcohol at Home		£ 11.57
		B1B: Alcohol Away From Home		£ 1.78
	B2: Tobacco and Narcotics			£ -
C: Clothing and Footwear				£ 40.59
D: Housing Costs				£ 208.58
	D1: Rent			£ 110.81
	D2: Mortgage Interest			£ -
	D3: Water			£ 13.67
	D4: Council Tax			£ 33.26
	D5: Household Insurance			£ 8.00
	D6: Fuel			£ 39.00
	D7: Other Housing Costs			£ 3.84
E: Household Goods and Services				£ 326.14
	E1: Household Goods			£ 34.31
	E2: Household Services			£ 291.83
		E2A: Communication		£ 5.25
			E2A1: Postage	£ 1.92
			E2A2: Telephone	£ 3.34
		E2B: Child Care		£ 284.28
		E2C: Other Household Services		£ 2.30
F: Personal Goods and Services (inc Health)				£ 91.23
G: Transport				£ 117.25
	G1: Motoring Expenditure			£ 79.65
	G2: Fares and Other Travel Costs			£ 37.60
H: Social and Cultural Participation				£ 113.23
	H1: Leisure Goods			£ 29.98
	H2: Pets			£ -
	H3: Entertainment and Recreation			£ 58.81
	H4: TV Licence and Rental			£ 3.25
	H5: Foreign Holidays			£ -
	H6: UK Holidays			£ 21.19

Food	£ 155.68
Alcohol	£ 13.35
Tobacco	£ -
Clothing and Footwear	£ 40.59
Water Rates	£ 13.67
Council Tax	£ 33.26
Household Insurances	£ 8.00
Fuel	£ 39.00
Other Household Costs	£ 3.84
Household Goods	£ 34.31
Household Services	£ 7.56
Childcare	£ 284.28
Personal Goods and Services	£ 91.23
Motoring	£ 79.65
Other Travel Costs	£ 37.60
Social and Cultural Participation	£ 113.23
Total	£ 955.23
Rent/Mortgage Interest	£ 110.81

MIS 2024 REBASE

A: Food and non-alcoholic beverages

Partnered parents + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
A1		PP+1		Ambrosia Rice Pudding 150g		Tesco	0.95	1	1	1.0	0.95	1 mini pot (55 g)	Ambrosia Rice Pudding 150G
A1		PP+1		Apples, eating, raw, flesh and skin, weighed with core		Tesco	1.70	5	2	1.0	3.40	9 medium apples + 1 small apple (1860 g)	Tesco Braeburn Apple 5 Pack
A1		PP+1		Apricots, dried		Tesco	2.00	1	2	1.3	3.20	400 g	Tesco Soft Apricots 250G
A1		PP+1		Avocado, flesh only, weighed with skin and stone		Tesco	0.65	1	2	1.9	0.69	1 1/16 avocados (305 g)	Tesco Ripe & Ready Avocado
A1		PP+1		Bacon rashers, back, reduced salt, raw weight		Tesco	3.00	1	1	4.6	0.66	1.5 rashers (52.5 g)	Tesco Reduced Fat & Salt 8 Bacon Unmsoked Medallions 240G
A1		PP+1		Baked beans, canned in tomato sauce, reduced sugar, reduced salt		Tesco	0.45	1	2	1.8	0.50	470g	Tesco Reduced Sugar & Salt Baked Beans 420G
A1		PP+1		Bananas, raw, flesh only, weighed with skin		Tesco	0.78	5	3	1.1	2.18	14 medium bananas (2183g)	Tesco Ripe Bananas 5 Pack
A1		PP+1		Bay leaf, dried		Tesco	1.00	1	1	1.8	0.55	1.65 g	Tesco Bay Leaves 3G
A1		PP+1		Beans, green/French, frozen or fresh		Tesco	1.30	1	1	1.3	1.03	710g	Tesco Very Fine Whole Green Beans 900G
A1		PP+1		Beef, lean, diced, stewing average, raw		Tesco	4.60	1	1	1.1	4.37	475g	Tesco Casserole Beef 500g
A1		PP+1		Beef, mince, raw, extra lean		Tesco	3.49	1	1	2.3	1.50	215g	Tesco Beef Lean Steak Mince 500G 5% Fat
A1		PP+1		Reduced Salt Gravy Granules		Tesco	0.73	1	1	18.2	0.04	11.0 g	Tesco Beef Gravy Granules 200G
A1		PP+1		Blueberries, frozen or fresh		Tesco	2.25	1	1	2.8	0.80	80 g	Tesco Blueberries 350G (frozen)
A1		PP+1		Black pudding, raw		Tesco	1.20	4	1	4.0	0.30	60 g	Bury Black Pudding 4 Slices 230G
A1		PP+1		Bread, white, with added fibre, medium sliced		Tesco	1.30	1	2	1.9	1.40	24 slices (864g)	Kingsmill 50/50 Medium Bread 800G
A1		PP+1		Breakfast cereal, wheat biscuits, Weetabix type, fortified		Tesco	2.75	48	1	3.2	0.86	15 weetabix (300 g)	Tesco Wheat Biscuits Cereal 48 Pack
A1		PP+1		Broccoli, green, frozen or raw weight		Tesco	0.96	1	2	1.6	1.21	632g raw (565 g frozen; 565 g x1.39 = 785 g)	Tesco Large Broccoli Pack 500g (loose)
A1		PP+1		Carrots, old, raw weight		Tesco	0.52	1	2	1.2	0.85	1313g frozen (1080 g fresh)	Tesco Carrots 800G
A1		PP+1		Cauliflower, raw weight, fresh or frozen		Tesco	1.20	1	1	5.4	0.22	190 g fresh weight (167.6g frozen)	Tesco Cauliflower Florets 900G (frozen)
A1		PP+1		Celery, raw		Tesco	0.90	1	1	2.5	0.36	1 2/3 sticks (100g)	Tesco Celery Sticks 250G
A1		PP+1		Cheese, Babybel light		Tesco	2.15	6	1	3.0	0.72	40 g	Mini Babybel Light Cheese 6 Pack, 120G
A1		PP+1		Cheese, Cheddar, English		Tesco	2.75	1	1	2.0	1.38	175g	Pilgrims Choice Extra Mature Cheddar Cheese 350G
A1		PP+1		Chicken for roasting		Tesco	4.10	1	1	1.4	2.98	1126g (510g roast chicken + 90g deli meat=600g 600 x1.49=894g bone in equivalent 894g x1.26= 1126g raw weight equivalent)	Tesco British Medium Chicken 1.2Kg-1.5Kg

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A1		PP+1		Chicken, light meat		Tesco	5.50	1	1	1.4	4.05	700g	Tesco British Chicken Fillets 950G
A1		PP+1		Citrus fruit, soft/easy peelers, weighed with peel and pips		Tesco	1.35	1	2	1.6	1.69	7 easy peelers (750 g)	Tesco Clementine Or Sweet Easy Peeler Pack 600G
A1		PP+1		Chocolate chip digestives Tesco		Tesco	0.85	1	1	8.7	0.10	22 g	Tesco Chocolate Chip Digestive Biscuits 400G
A1		PP+1		Coffee, instant, granules or powder		Tesco	1.99	1	1	1.1	1.74	175 g	Tesco Classic Instant Coffee 200G
A1		PP+1		Crawford's Garibaldi 100g		Tesco	1.25	1	1	8.7	0.14	10 g	Tesco Garibaldi Biscuits 200G
A1		PP+1		Crumpets, toasted		Tesco	0.90	6	1	4.0	0.23	2 crumpets (80 g)	Warburtons Crumpets 6 Pack
A1		PP+1		Cucumber, raw, flesh and skin		Tesco	0.89	1	2	1.3	1.34	1 1/2 cucumber (816g)	Tesco Whole Cucumber Each
A1		PP+1		Custard powder		Tesco	0.70	1	1	2.5	0.28	30 g	Tesco Instant Custard Mix 76G
A1		PP+1		Digestives The Original 400g		Tesco	0.85	1	1	3.6	0.24	6 digestive biscuits (84 g)	Tesco Milk Chocolate Digestive Biscuits 300G
A1		PP+1		Eggs, chicken, whole, raw, large		Tesco	2.30	6	2	1.0	4.60	12 eggs (732 g)	Happy Egg Free Range Eggs Large 6 Pack
A1		PP+1		Fat spread, low fat (26-39%), polyunsaturated		Tesco	1.50	1	1	1.2	1.22	367g	I Can't Believe It's Not Butter Light Spread 450G
A1		PP+1		Flour, wheat, white, plain, soft		Tesco	0.79	1	1	73.2	0.01	20.5g	Tesco Plain Flour 1.5Kg
A1		PP+1		Fruit drink/squash, concentrated, no added sugar Robinsons		Tesco	2.00	1	3	1.0	5.94	2970 ml	Robinsons Orange No Added Sugar Squash 1L
A1		PP+1		Fruit loaf		Tesco	1.35	11	1	2.8	0.49	144 g	Tesco Sliced Fruit Loaf
A1		PP+1		Frusli, blueberry cereal bar		Tesco	1.50	6	1	1.5	1.00	4 cereal bars (120 g)	Jordan's Frusli Juicy Blueberries Chewy Cereal Bars 6x30g (180g)
A1		PP+1		Garlic, raw		Tesco	0.55	1	1	1.7	0.32	7 cloves (20g)	Tesco Garlic Large
A1		PP+1		Ginger, ground		Tesco	1.00	1	1	25.3	0.04	1.5 g	Tesco Ground Ginger 38G
A1		PP+1		Grapefruit, flesh only, raw, weighed with peel and pips		Tesco	0.55	1	2	1.0	1.10	2 grapefruits (680 g)	Tesco Red Grapefruit Each
A1		PP+1		Grapes, average,		Tesco	1.80	1	1	2.2	0.83	1 punnet (230 g)	Tesco Green Seedless Grapes Pack 500G
A1		PP+1		Ham, sliced / luncheon		Tesco	1.20	1	2	1.5	1.63	8 slices (170 g)	Tesco Wafer Thin Smoked Ham 125G
A1		PP+1		Hartley's No Added Sugar Jelly Raspberry Flavour Jelly Pots 6 x 115g		Tesco	1.99	6	1	3.0	0.66	2 x 125 g pots (250 g)	Hartleys No Added Sugar Raspberry 6 Pack Jelly 690G
A1		PP+1		Wall's Vanilla Light Ice Cream Dessert 1800 ml		Tesco	2.70	1	1	10.0	0.27	3 scoops (180 g)	Walls Soft Scoop Vanilla Light Ice Cream Tub 1800ml
A1		PP+1		Jam, fruit with no seeds		Tesco	1.70	1	1	2.3	0.75	7 g	Streamline Reduced Sugar Strawberry Jam 340G
A1		PP+1		Mango, frozen		Tesco	2.25	1	1	16.7	0.14	30 g	Tesco Frozen Mango Chunks 500G
A1		PP+1		Melon, Honeydew, flesh and skin and pips		Tesco	1.89	1	1	4.0	0.47	1/4 melon (550 g; 400 x 1.37 = 548 g)	Tesco Honeydew Melon
A1		PP+1		Tesco Houmous		Tesco	1.50	1	2	1.2	2.45	245 g	Tesco Humous 300G
A1		PP+1		Tesco, Light Mayonnaise		Tesco	0.89	1	1	1.4	0.64	220 g	Tesco Light Mayonnaise 450ML
A1		PP+1		Kiwi fruit, flesh and seeds, weighed with skin		Tesco	0.99	6	1	1.0	0.99	6 kiwifruit (600 g)	Tesco Kiwi Fruits 6 Pack
A1		PP+1		Kiddylicious Veggie Straws, Baby Snack, 9 Months+, Mutlipack, 10 x 12g		Tesco	0.85	1	1	1.0	0.85	12 g	Kiddylicious Veggie Straws 12G

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A1		PP+1		10% Fat Lamb Mince 500g		Tesco	3.80	1	2	1.5	5.17	340g	Tesco British Lamb Mince 10% Fat 250G
A1		PP+1		Leeks, raw		Tesco	0.65	1	1	1.0	0.65	1 leek (105g)	Tesco Leaks Loose
A1		PP+1		Melon, Honeydew, flesh and skin and pips			1.89	1	1	4.0	0.47	1/4 melon (550 g; 400 x 1.37 = 548 g)	Tesco Honeydew Melon
A1		PP+1		Milk, semi-skimmed, pasteurised, average		Tesco	1.45	1	3	1.3	3.40	5330ml	Tesco British Semi-Skimmed Milk 2.272L, 4 Pints
A1		PP+1		Milk, whole, pasteurised, average		Tesco	1.45	1	2	1.4	2.02	3160 ml	Tesco British Whole Milk 2.272L, 4 Pints
A1		PP+1		Mixed berries, frozen		Tesco	2.25	1	1	7.1	0.32	70 g	Tesco Black Forest Fruits Mix 500G
A1		PP+1		Mixed Salad Leaves		Tesco	0.78	1	2	2.0	0.80	256g	Tesco Sweet & Crunchy Salad 250G
A1		PP+1		Mixed herbs, dried		Tesco	1.00	1	1	5.0	0.20	3.6 g	Tesco Mixed Herbs 18G
A1		PP+1		Mushrooms, white, raw		Tesco	1.15	1	2	1.9	1.22	212 g fresh weight	Tesco Baby Button Mushrooms 200G
A1		PP+1		Light Soft White Cheese 180g		Tesco	2.20	1	1	3.3	0.67	50 g	Philadelphia Light Low Fat Soft Cream Cheese 165G
A1		PP+1		Nectarines, raw, weighed with stones or tinned		Tesco	1.19	4	1	4.0	0.30	85 g	Suntrail Farms Nectarines Minimum 4
A1		PP+1		Kit Kat wafer bar		Tesco	1.65	9	1	9.0	0.18	1 kitkat (42 g)	Kit Kat 2 Finger Milk Chocolate Biscuit Bars Multipack, 9 pack
A1		PP+1		Nuts, mixed, chopped		Tesco	1.75	1	1	1.1	1.58	180 g	Tesco Chopped Mixed Nuts 200G
A1		PP+1		Oat flakes, rolled		Tesco	2.75	1	1	8.3	0.33	120 g	Quaker Rolled Porridge Oats 1Kg
A1		PP+1		Oil, olive		Tesco	3.30	1	1	1.3	2.64	200ml	Tesco Olive Oil 250ml
A1		PP+1		Onions, raw		Tesco	1.10	3	2	1.1	1.97	690g	Tesco Brown Onions Minimum 3 Pack 385G
A1		PP+1		Onions, red, raw		Tesco	0.78	1	1	2.3	0.35	80 g	Tesco Sliced Red Onion 180G
A1		PP+1		Orange juice, carton made from concentrate		Tesco	1.40	1	3	1.3	3.22	2300 ml	Tesco Orange Juice Smooth 1L
A1		PP+1		Organix Apple Rice Cake Clouds 7+ Months		Tesco	2.80	4	1	1.3	2.10	54 g	Organix Apple Rice Cake Clouds 4 Pack 72G
A1		PP+1		Paprika		Tesco	1.00	1	1	69.3	0.01	0.75 g	Tesco Paprika 52G
A1		PP+1		Parsnip, raw		Tesco	1.85	1	1	2.6	0.71	230 g fresh (160 g frozen; 160 x1.28 = 204)	Tesco Seasoned British Parsnips 600G
A1		PP+1		Pasta, white, dried		Tesco	0.69	1	1	2.9	0.23	170g	Tesco Penne Pasta Quills 500G
A1		PP+1		Pasta, white, spaghetti, dried weight		Tesco	0.75	1	1	5.3	0.14	95 g dried weight	Tesco Quick Cook Spaghetti 500G
A1		PP+1		Passata, plain		Tesco	0.60	1	1	1.4	0.44	725 g	Tesco Italian Tomato Passata 500G
A1		PP+1		Peaches, canned in juice, whole contents		Tesco	1.10	1	2	1.3	1.65	1 1/2 tins (495 g)	Tesco Peach Slices In Juice 410G (Drained weight = 250g)
A1		PP+1		Peanut butter, smooth		Tesco	1.09	1	1	13.6	0.08	25 g	Tesco Smooth Peanut Butter 340G
A1		PP+1		Pears, average, flesh and skin, raw, weighed with core and stalk		Tesco	1.49	1	3	1.2	3.81	9 medium pears + 1 small (1560 g)	Tesco Conference Pears Pack 610G
A1		PP+1		Peas, frozen, microwaved		Tesco	1.45	1	1	1.3	1.15	795g frozen	Tesco Garden Peas 1Kg
A1		PP+1		Peas, sugar-snap, raw		Tesco	1.10	1	1	1.2	0.95	155g	Tesco SugarSnap Peas 180g
A1		PP+1		Pepper, black		Tesco	1.15	1	1	166.7	0.01	0.15 g	Tesco Ground Black Pepper 25G
A1		PP+1		Peppers, capsicum, green, raw		Tesco	0.59	1	4	1.2	1.92	3 1/4 medium peppers (490 g)	Tesco Green Peppers Each
A1		PP+1		Peppers, capsicum, red, raw		Tesco	0.59	1	3	1.2	1.48	2 1/2 medium pepper (390 g)	Tesco Red Peppers Each

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A1		PP+1		Porridge oats, unfortified		Tesco	1.25	1	1	12.5	0.10	80 g	Tesco Scottish Oats Porridge 1Kg
A1		PP+1		Potatoes, hash brown		Tesco	1.90	1	1	9.4	0.20	2 hash browns (80 g)	Tesco Hash Browns 750G
A1		PP+1		Potatoes, new and salad, fresh and skin		Tesco	0.99	1	1	3.1	0.32	325 g	Tesco Baby Potatoes 1Kg
A1		PP+1		Potatoes, old, raw weight, flesh and skin		Tesco	2.00	1	2	1.7	2.38	2375 g	Golden King Buttery Golden Potatoes 2Kg
A1		PP+1		Raisins, dried		Tesco	1.85	1	1	8.3	0.22	60 g	Tesco Seedless Grapes 500G
A1		PP+1		Salmon, farmed, flesh only, raw		Tesco	5.35	5	1	1.2	4.49	420 g	Tesco Wild Salmon Fillets 500G
A1		PP+1		Sardines, canned in spring water		Tesco	0.50	1	1	2.0	0.25	60 g	Tesco Sardines In Brine
A1		PP+1		Sausages, pork, chilled or frozen		Tesco	2.00	8	1	2.0	1.00	3 sausages (180 g)	Tesco British Pork Sausages 8 Pack 454G
A1		PP+1		Spinach, frozen or fresh		Tesco	1.88	1	2	1.3	2.79	743g fresh (630 g frozen)	Tesco Spinach 500G
A1		PP+1		Spring onions, bulbs and tops, raw weight		Tesco	0.39	1	1	1.1	0.35	8 spring onions (89 g)	Tesco Bunches Spring Onions 100G
A1		PP+1		Sprite No Sugar 24 x 330ml		Tesco	3.75	8	1	4.0	0.94	2 x 330 ml (660 g)	Sprite Zero Sugar 8x330ml
A1		PP+1		Strawberries, raw		Tesco	2.20	1	1	1.4	1.53	278g	Tesco Strawberries 400G
A1		PP+1		Tartare sauce		Tesco	0.90	1	1	7.3	0.12	24g	Tesco Tartare Sauce 175G
A1		PP+1		Tesco stock cubes, low sodium		Tesco	1.00	6	1	6.0	0.17	1 cube (6 g)	Kallo Organic Low Salt Vegetable Stock Cube 60G
A1		PP+1		Tesco Malted Milk Biscuits 200G		Tesco	0.49	1	1	7.4	0.07	27 g	Tesco Malted Milk Biscuits 200G
A1		PP+1		Stuffing mix, dried		Tesco	0.45	1	1	2.4	0.19	70 g	Tesco Sage & Onion Stuffing Mix 170G
A1		PP+1		Tea, black, teabags		Tesco	1.25	80	1	2.4	0.53	34 tea bags	Tesco 80 Teabags 250G
A1		PP+1		Tesco 12 Yorkshire Puddings 230G		Tesco	1.30	12	1	6.0	0.22	2 Yorkshire pudding (60 g)	Tesco 12 Yorkshire Puddings 220G
A1		PP+1		Tesco Breakfast Apricots In Juice 300G		Tesco	1.10	1	1	2.0	0.55	1/2 tin (205 g)	Tesco Apricot Halves In Juice 411G
A1		PP+1		Tesco Chicken Tomato And Basil Pasta Salad 300G		Tesco	2.85	1	1	1.0	2.85	1 pot (300 g)	Tesco Chicken Tomato & Basil Pasta Salad 300G
A1		PP+1		Tomatoes, cherry, raw		Tesco	1.00	1	1	3.3	0.30	90 g	Tesco Cherry Tomatoes 300G
A1		PP+1		Tomatoes, small, raw		Tesco	1.50	1	2	1.3	2.30	12 small tomatoes (995 g)	Tesco Salad Tomatoes 650G
A1		PP+1		Tomatoes, medium, raw		Tesco	0.89	1	3	1.0	2.67	3 large (385g)	Tesco Beef Tomatoes Each
A1		PP+1		Tomato puree		Tesco	1.20	1	1	3.6	0.33	37.5 g puree	Tesco Tomato Puree With Herbs 135G
A1		PP+1		Tomatoes, canned, whole contents		Tesco	0.49	1	1	1.1	0.47	380g	Tesco Italian Chopped Tomatoes 400G
A1		PP+1		Tortilla, wheat flour, soft		Tesco	1.40	8	1	2.3	0.61	3.5 tortilla (210g)	Tesco Plain Tortillas x8 320G
A1		PP+1		Tuna, canned in spring water, drained, medium tin 180 g		Tesco	2.75	4	2	1.3	4.16	617g undrained weight	Tesco Tuna Chunks in Spring Water 4X145G (drained wight 102G)
A1		PP+1		Tesco Half Fat French Crème Fraiche		Tesco	0.89	1	1	3.3	0.27	90 g	Tesco 50% Less Fat Crème Fraiche 300ml
A1		PP+1		Less Salt Lightly Salted Multipack Crisps 6 x 25g		Tesco	1.65	6	1	1.5	1.10	4 small bags (100g)	Walkers Ready Salter Multipack Crisps 6x25g
A1		PP+1		Yogurt, low fat, fruit		Tesco	0.89	6	3	1.2	2.23	15 pots (2125 g)	Creamfields Berry Medley Low Fat Yogurt 6x125g
A1		PP+1		Yogurt, Greek, plain, low fat		Tesco	1.50	1	2	1.3	2.40	240 g	Fage Total 0% Fat Greek Recipe Yogurt 150G

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A1	1.1	PP+1		Celebration food and drink			200.00		1	52.1	3.84	£200 for extra food and drink spending at Christmas and potentially various other special occasions too (e.g. Easter, new year, St. Patrick's Day, Halloween).	
A2	11.1	PP+1		Takeaway			25.22		1	4.3	5.80	One takeaway per month as a family £15 for each of the parents' portions, but nothing added for the infant.	£15 each for parents in place of 1 meal PP1: Salmon (200g)=£2.14, New Potatoes (175g)=£0.17, Peas (80g)=£0.12, Carrots (90g)=£0.06, Green Bean (80g)=£0.12, Tartare Sauce (12g)=£0.06=£2.67 PP2: Salmon (150g)=£1.61, New Potatoes (180g)=£0.18, Peas (75g)=£0.11, Carrots (90g)=£0.06, Green Bean (60g)=£0.09, Tartare Sauce (12g)=£0.06=£2.11 Total=£4.78 £15.00+£15.00=£30.00 budget £30.00-4.78=£25.22
A2	11.1	PP+1		Family meals out			70.97		1	13.0	5.44	4 times per year, £40 for each of the parents' meals, toddler £5 each time.	£40 for each parent=£80 plus £5 infant in place of 1 full meal (including wine & dessert) Roast Dinner: Dad-Chicken (200g)-£1.28, olive oil(15ml)=0.20, Potato(200g)-£0.20, Parsnip(80g)-£0.25, Carrots(80g)-£0.05, Green Beans(80g)-£0.12, Peas(80g)-£0.12, Broccoli(60g)-£0.13, Yorkshire Pudding(30g)-£0.35, Gravy(5g)-£0.02, Stuffing(34g)-£0.09, cauliflower cheese-cheese(13g)-£0.10, cauliflower(88g)-£0.25, Butter(3g)-£0.01, Flour(3g)-£0.002, Milk(31ml)-£0.02 =£3.12 Strawberries(104g)-£0.57, Icecream(120g)=£0.18, wine(175ml)x2-£2.8 Total=£6.74 Mum-Chicken (150g)-£0.96, olive oil(15ml)=0.20, Potato(160g)-£0.16, Parsnip(80g)-£0.25, Carrots(90g)-£0.06, Green Beans(80g)-£0.12, Peas(80g)-£0.12, Broccoli(60g)-£0.13, Yorkshire Pudding(30g)-£0.35, Gravy(5g)-£0.02, Stuffing(34g)-£0.09, cauliflower cheese-cheese(13g)-£0.10, cauliflower(88g)-£0.25, Butter(3g)-£0.01, Flour(3g)-£0.002, Milk(31ml)-£0.02 =£2.75 Strawberries(104g)-£0.57, Icecream(60g)=£0.09, wine(175ml)x2-£2.80 Total=£ 6.30 Infant (60g)-£0.38, Potato(60g)-£0.06, Parsnip(20g)-£0.06, Carrots(20g)-£0.01, Green Beans(30g)-£0.04, Peas(30g)-£0.04, Broccoli(20g)-£0.04, Gravy(1g)-£0.004, cauliflower cheese-cheese(5g)-£0.04, cauliflower(20g)-£0.06, Butter(2g)-£0.01, Flour(2g)-£0.001, Milk(15ml)-£0.01 =£0.80 Strawberries(40g)-£0.22 Total=£0.99 £85-£14.03= £70.97
												A: Food and Non-Alcoholic Be	£ 155.68
												A1: Food	£ 144.43
												A2: Catering	£ 11.25

MIS 2024 REBASE

B: Alcohol

Partnered parents + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
B1A	2.1	PP		Wine		Tesco	6.00	1	2	1.0	11.57	Two bottles of wine (approx. £7.50 each) per week between the two parents, for consumption at home. £6 per bottle. Minus 175mlx2 once every 3 months each 175*2=350 *2=700 700/13=54ml 750-54=696 £6.00/750=0.008 0.008*696ml=£5.57	Marques De Los Zancos Rioja 75Cl
B1B	11.1	PP		Wine		Nandos	5.80	1	2	13.0	1.78	2x 175ml to replace 2x175ml in the menu once every 3 months each £5.80 x 2= £11.60 11.60*2=23.20 £23.20/13=£1.78	Spier Chardonnary (South Africa)
B: Alcohol and Tobacco												£13.35	
B1: Alcohol												£ 13.35	
B1A: Alcohol at Home												£ 11.57	
B1B: Alcohol Away From Home												£ 1.78	

MIS 2024 REBASE

C: Clothing

Partnered parents + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
C	3.1	PP	Mother, underwear	Pants	George	Asda	6.50	5	2	52.1	0.25	10 pairs needed. Basic black. From supermarket. 1 year	Black Basic Midi Briefs 5 Pack
C	3.1	PP	Mother, underwear	Bras	M&S	M&S	16.00	1	3	52.1	0.92	3 T-shirt bras. Neutral/white/black. From M&S. 1 year.	Flexifit™ Wired Full-Cup T-Shirt Bra A-E (choice of neutral, white and black colours)
C	3.1	PP	Mother, underwear	Sports bras	George	Asda	12.00	1	3	78.2	0.46	3 sports bras, from supermarket. 18 months	Black Racer Back Sports Bra
C	3.1	PP	Mother, underwear	Socks	George	Asda	3.60	7	1	36.5	0.10	5 pairs of socks from supermarket. 6 months.	Black Ankle Socks 7 Pack (discounted from £4 previous price). Lifespan adjusted for larger pack size.
C	3.1	PP	Mother, underwear	Tights (sheer)	George	Asda	4.00	5	1	52.1	0.08	3 pairs of sheer tights. From supermarket. 1 year (for only occasional wearing).	Black 15 Denier Sheer Tights 5 Pack (lifespan adjusted for larger pack size)
C	3.1	PP	Mother, underwear	Tights (opaque)	George	Asda	4.00	3	1	4.3	0.92	3 pairs of opaque tights (e.g. for winter). From supermarket. 1 year For more frequent wearing than the sheer tights, but also sturdier.	Navy 40 Denier Opaque Tights 3 Pack
C	3.1	PP	Mother, main clothing	Leggings	George	Asda	14.00	1	3	52.1	0.81	3 pairs needed from supermarket. 1 year	Charcoal Ponte Leggings
C	3.1	PP	Mother, sportswear	Leggings (sports)		Primark	12.00	1	2	104.3	0.23	Leggings needed for sports/activities. 2 sets, from Primark, to last 2 years.	Performance Flared Yoga Leggings
C	3.1	PP	Mother, main clothing	T-shirts (long sleeved)	George	Asda	10.00	1	3	104.3	0.29	3 long sleeved t-shirts needed from supermarket. 2 years	Ivory Long Sleeve Thermal T-Shirt
C	3.1	PP	Mother, main clothing	T-shirts (short sleeved)	George	Asda	8.00	1	6	104.3	0.46	6 short sleeved t-shirts needed from supermarket. 2 years	Neutral Stripe Waffle T-Shirt
C	3.1	PP	Mother, sportswear	T-shirts (sports)		Primark	7.00	1	2	104.3	0.13	T-shirts needed for sports/activities. 2 sets, from Primark, to last 2 years.	Performance Long Sleeve Top
C	3.1	PP	Mother, main clothing	Blouses	George	Asda	14.00	1	3	104.3	0.40	3 needed from supermarket. 2 years.	Black Ruffle Front Chiffon Blouse
C	3.1	PP	Mother, main clothing	Vest tops	George	Asda	6.00	1	4	104.3	0.23	4 needed from supermarket. 2 years	Orange Linen Look Racer Vest
C	3.1	PP	Mother, main clothing	Trousers (smart)	George	Asda	15.00	1	2	52.1	0.58	2 smart trousers needed. From supermarket. 1 year	Black Tailored Tapered Trousers
C	3.1	PP	Mother, main clothing	Trousers (casual)	George	Asda	12.50	1	2	260.7	0.10	2 casual trousers needed. Chino style. From supermarket. 5 years	Khaki Cotton Cropped Trousers

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
C	3.1	PP	Mother, main clothing	Jeans	River Island	River Island	37.00	1	3	260.7	0.43	3 pairs needed from River Island, 5 years	Blue Relaxed Girlfriend Straight Leg Jeans
C	3.1	PP	Mother, main clothing	Shorts	George	Asda	11.00	1	2	260.7	0.08	2 pairs from supermarket. 5 years	Navy Better Cotton Shorts
C	3.1	PP	Mother, main clothing	Dress (summer)	George	Asda	14.00	1	1	104.3	0.13	1 needed from supermarket. 2 years.	Red Floral Twist Front Mini Dress
C	3.1	PP	Mother, main clothing	Dress (winter)	George	Asda	22.00	1	1	104.3	0.21	1 needed from supermarket. 2 years.	Charcoal Ribbed Funnel Neck Knitted Mini Dress
C	3.1	PP	Mother, main clothing	Dress (occasion)	Gini	New Look	44.00	1	1	52.1	0.84	1 needed from Zara/H&M/New Look. 1 year.	Gini London Blue Abstract Satin Midi Wrap Dress
C	3.1	PP	Mother, main clothing	Skirt	George	Asda	16.00	1	1	104.3	0.15	2 skirts from supermarket. 2 years	G21 Bright Floral Shirred Co-Ord Skirt
C	3.1	PP	Mother, main clothing	Jumpers (lightweight)	George	Asda	14.00	1	1	104.3	0.13	2 lightweight jumpers. From supermarket. 2 years	Brown Striped High Neck Jumper
C	3.1	PP	Mother, main clothing	Jumpers (thick)	George	Asda	16.00	1	1	104.3	0.15	2 thick jumpers. From supermarket, 2 years	Grey Slouchy V Neck Jumper
C	3.1	PP	Mother, main clothing	Hoodies	George	Asda	14.00	1	2	156.4	0.18	2 needed from supermarket. 3 years.	Green Oversized Longline Zip Through Hoodie
C	3.1	PP	Mother, outerwear	Hat	George	Asda	8.00	1	1	104.3	0.08	2 years.	Blue Faux Fur Bobble Hat
C	3.1	PP	Mother, outerwear	Gloves	George	Asda	5.00	1	1	104.3	0.05	2 years.	Black Ribbed Gloves
C	3.1	PP	Mother, outerwear	Scarf	George	Asda	12.00	1	1	104.3	0.12	2 years.	Cream Striped Ribbed Knit Scarf
C	3.1	PP	Mother, accessories	Belt	George	Asda	6.00	1	1	156.4	0.04		Tan Buckled Jeans Belt
C	3.1	PP	Mother, outerwear	Coat (smart, woollen)		Zara	79.99	1	1	156.4	0.51	1 smart coat, woollen, Zara or H&M. 3 years.	Wool Blend Double-Breasted Coat
C	3.1	PP	Mother, outerwear	Coat (winter puffa)	George	Asda	40.00	1	1	156.4	0.26	1 warm, waterproof, winter puffa coat. Supermarket or Primark. 3 years.	Grey Faux Fur Trim Padded Longline Coat
C	3.1	PP	Mother, outerwear	Coat (mac)		Primark	45.00	1	1	156.4	0.29	1 spring trench coat mac. Supermarket or Primark. 3 years.	The Edit Longline Trench Coat
C	3.1	PP	Mother, outerwear	Jacket (denim)		Primark	26.00	1	1	156.4	0.17	1 denim jacket. Supermarket or Primark, 3 years.	Borg Collar Denim Jacket
C	3.1	PP	Mother, sportswear	Swimwear	Slazenger	Sports Direct	13.00	1	1	52.1	0.25	1 needed, Sports Direct, 1 year.	Slazenger Racer Back LYCRA® XTRA LIFE™ Swimsuit Ladies (discounted from £32.99)

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
C	3.1	PP	Mother, nightwear	Pyjamas	George	Asda	14.00	1	4	52.1	1.07	4 sets of pyjamas from supermarket. 1 year	Navy Foliage Print Long Sleeve Pyjamas
C	3.1	PP	Mother, nightwear	Dressing gown	George	Asda	20.00	1	1	260.7	0.08	1 needed from supermarket. 5 years	Green Waffle Texture Dressing Gown
C	3.1	PP	Father, underwear	Pants		Primark	5.00	3	5	52.1	0.48	1 needed. 6 year lifespan.	Black 3 pack essentials boxer briefs
C	3.1	PP	Father, underwear	Socks (everyday)	Primark	Primark	2.00	5	2	52.1	0.08	1 needed whilst cycling. 6 year lifespan.	5 pack value ankle socks black
C	3.1	PP	Father, underwear	Socks (sports)		Primark	3.50	5	1	52.1	0.07	4 pairs needed. From Primark/Matalan/supermarket/ASOS/H&M/M&M/Sports Direct. 1 year	5 pack Sports socks (White or black)
C	3.1	PP	Father, main clothing	Shirts (smart)	George	Asda	10.00	1	5	52.1	0.96	5 smart shirts, Asos, 1 years.	Light Blue Long Sleeve Regular Fit Formal Shirt
C	3.1	PP	Father, main clothing	Shirts (casual)	George	Asda	14.00	1	2	52.1	0.54	2 casual shirts, Primark/Matalan/supermarket/ASOS/H&M/M&M. 1 year.	Navy Long Sleeve Oxford Shirt (short and long sleeve, various styles at that price point)
C	3.1	PP	Father, main clothing	T shirts (long sleeve)	George	Asda	7.00	1	3	52.1	0.40	3 needed. From Primark/Matalan/supermarket/ASOS/H&M/M&M/Sports Direct. 1 year	Crew neck Long Sleeve Top (6 colours available)
C	3.1	PP	Father, main clothing	T shirts (short sleeved)		Primark	2.50	1	7	52.1	0.34	7 needed. From Primark/Matalan/supermarket/ASOS/H&M/M&M/Sports Direct. 1 year	Plain crew neck cotton T shirt (multiple colours available)
C	3.1	PP	Father, main clothing	Polo shirts	George	Asda	8.00	1	4	52.1	0.61	4 needed. From Primark/Matalan/supermarket/ASOS/H&M/M&M/Sports Direct. 1 year	Burgundy Polo Shirt (multiple colours available)
C	3.1	PP	Father, main clothing	Hoodies		Primark	9.00	1	2	52.1	0.35	2 hoodies or fleeces. From Primark/Matalan/supermarket/ASOS/H&M/M&M/Sports Direct. 1 year	Grey Plain Zip Up Hoodie (multiple colours / and pull on option)
C	3.1	PP	Father, main clothing	Jumpers (thin)	George	Asda	12.00	1	2	104.3	0.23	2 light jumpers needed. From Primark/Matalan/supermarket/ASOS/H&M/M&M. 2 years	Navy Fine Knit Knitted Jumper (4 colours)
C	3.1	PP	Father, main clothing	Jumpers (thick)	George	Asda	18.00	1	2	104.3	0.35	2 heavy jumpers needed. From Primark/Matalan/supermarket/ASOS/H&M/M&M. 2 years	Grey Textured quarter zip Jumper
C	3.1	PP	Father, main clothing	Jeans (casual)	George	Asda	17.00	1	2	104.3	0.33	2 pairs needed from Primark/Matalan/supermarket/ASOS/H&M/M&M. 2 years	Mid Blue Loose Fit Jeans With Stretch
C	3.1	PP	Father, main clothing	Jeans (smart)	George	Asda	17.00	1	1	104.3	0.16	1 pair needed from Primark/Matalan/supermarket/ASOS/H&M/M&M. 2 years.	Dark Blue Straight Fit Jeans

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
C	3.1	PP	Father, main clothing	Trousers (smart)	George	Asda	16.00	1	2	260.7	0.12	2 pairs of smart trousers, Primark/Matalan/supermarket/ASOS, 5 years	Black Straight Cut Formal Trousers
C	3.1	PP	Father, main clothing	Trousers (casual)	George	Asda	15.00	1	1	104.3	0.14	1 pair of casual trousers (e.g. cargo/combat), Primark/Matalan/supermarket/ASOS, 2 years	Navy Cargo Trousers
C	3.1	PP	Father, main clothing	Tracksuit trousers		Primark	6.00	1	2	52.1	0.23	2 pairs of jogging bottoms for sports. From Primark/Matalan/supermarket/ASOS/H&M/M&M/Sports Direct. 1 year	Drawstring jogging bottoms (3 colours + different styles at same price)
C	3.1	PP	Father, main clothing	Shorts (smart)	George	Asda	12.00	1	1	104.3	0.12	1 smart pair of shorts. From Primark/Matalan/supermarket/ASOS, 2 years	Tan Chino Shorts
C	3.1	PP	Father, main clothing	Shorts (casual)	George	Asda	9.00	1	1	104.3	0.09	1 casual pair of shorts. From Primark/Matalan/supermarket/ASOS, 2 years	Black Jersey Shorts
C	3.1	PP	Father, sportswear	Shorts (sport)	Primark	Primark	5.00	1	1	52.1	0.10	1 pair of sports shorts. From Primark/Matalan/supermarket/ASOS/H&M/M&M/Sports Direct. 1 year	Performance shorts Black
C	3.1	PP	Father, main clothing	Suits	Moss	Moss	179.00	1	2	260.7	1.37	2 suits needed (1 wedding-suitable, 1 funeral-suitable), Moss Bros, 5 years	Regular Fit Charcoal Stretch 2 piece Suit (available in a range of fits and a black or dark blue .
C	3.1	PP	Father, accessories	Belts		Next	18.00		2	104.3	0.35	2 needed, 1 brown, 1 black, leather. From Primark/Matalan/supermarket/ASOS, 2 years	Black/Brown Reversible Leather Belt
C	3.1	PP	Father, accessories	Ties	Taylor & Wright	Matalan	5.00	1	2	260.7	0.04	2 needed from Primark/Matalan/supermarket/ASOS/H&M/M&M. 5 years.	Taylor & Wright navy floral Tie (other colours/patterns available).
C	3.1	PP	Father, outerwear	Hat and gloves	Peter Storm	Go Outdoors	10.00		1	52.1	0.19	1 set of hat/gloves/scarf. From Primark/Matalan/supermarket/ASOS/H&M/M&M. 1 year.	Peter Storm thinsulate fleece gloves £5.00 + thinsulate knit beanie hat £5.00
C	3.1	PP	Father, outerwear	Scarf (winter)		Asda	8.00		1	52.1	0.15	1 set of hat/gloves/scarf. From Primark/Matalan/supermarket/ASOS/H&M/M&M. 1 year.	Regatta multi scarf
C	3.1	PP	Father, outerwear	Coat (winter, smart)	Next	Next	99.00		1	260.7	0.38	Winter coat (heavy), smart. 2 years. FG1 group increased the lifespan to 5 years.	Funnel Neck Coat with built in gilet
C	3.1	PP	Father, outerwear	Coat (winter, waterproof)	Regatta	Sports Direct	55.00		1	260.7	0.21	Winter coat (heavy), waterproof. From Primark/Matalan/supermarket/ASOS/H&M/M&M/Sports Direct. 5 years.	Regatta Yewbank II Waterproof jacket, insulated, with hood,
C	3.1	PP	Father, outerwear	Jacket (light, casual)	George	Asda	25.00	1	1	104.3	0.24	Light casual jacket. From Primark/Matalan/supermarket/ASOS, 2 years	Navy lightweight bomber jacket
C	3.1	PP	Father, outerwear	Jacket (cagoule)	Regatta	Sports Direct	15.00	1	1	104.3	0.14	Cagoule (waterproof) jacket. From Primark/Matalan/supermarket/ASOS/H&M/M&M/Sports Direct, 2 years	Regatta Stormbreaker waterproof jacket, navy (2 other cols / range of sizes available)

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
C	3.1	PP	Father, outerwear	Bodywarmer	George	Asda	22.50	1	1	104.3	0.22	Bodywarmer / gilet. From Primark/Matalan/supermarket/ASOS/H&M/M&M/Sports Direct, 2 years	Dark Grey Padded Lightweight Gilet
C	3.1	PP	Father, nightwear	Pyjamas		Asda	12.00	1	2	260.7	0.09	Needed from Primark/Matalan/supermarket/ASOS/H&M/M&M. CB1B specified and 5 years.	Pyjamas black striped T-shirt and long trousers
C	3.1	PP	Father, nightwear	Dressing gown		Asda	18.00	1	1	260.7	0.07	2 sets. Primark/Matalan/supermarket/ASOS/H&M/M&M. 5 years.	Black fleece Dressing Gown
C	3.1	PP	Father, sportswear	Swimming trunks		Asda	6.00	1	1	156.4	0.04	Swimming trunks. From Primark/Matalan/supermarket/ASOS/H&M/M&M/Sports Direct, 3 years	Plain Swim Shorts (multiple colours)
C	3.1	PP	Father, accessories	Baseball hat		Primark	3.00	1	1	260.7	0.01	5 years.	Essentials Baseball Cap (8 colours)
C	3.1	PP	Father, accessories	Cycling helmet		Halfords	30.00	1	1	312.9	0.10	1 needed. 6 years.	Halfords Road Helmet
C	3.1	PP	Father, accessories	Hi-vis jacket		Halfords	5.00	1	1	312.9	0.02	1 needed. 6 years.	Halfords Adults Hi Vis Waistcoat
C1	3.1	EA	Toddler, underwear	Socks		Asda	5.00	5	3	52.1	0.29	15 pairs for the year (because of socks falling off and getting lost), and specified Asda for better quality and durability than Primark. 1 year.	Blue Zebra Socks 5 Pack
C1	3.1	EA	Toddler, underwear	Bodysuits (long sleeved)		Asda	7.00	5	2	26.1	0.54	10 needed from H&M/supermarket./Primark. 6 months.	Mini star Long Sleeve Body Suits 5 Pack
C1	3.1	EA	Toddler, underwear	Bodysuits (short sleeved)		Asda	6.50	5	2	26.1	0.50	10 needed from H&M/supermarket./Primark. 6 months.	Assorted Mini Stars Short Sleeve Bodysuits 5 Pack
C1	3.1	EA	Toddler, main clothing	T-shirts, long sleeved		Asda	16.00	7	1	26.1	0.61	10 needed from H&M/supermarket./Primark.	Bright long sleeve tops 7 pack
C1	3.1	EA	Toddler, main clothing	T-shirts, long sleeved		Asda	1.50	1	3	26.1	0.17	10 needed from H&M/supermarket./Primark.	Printed long sleeve T shirt
C1	3.1	EA	Toddler, main clothing	T-shirts, short sleeved		Primark	7.50	5	2	26.1	0.58	10 needed from H&M/supermarket./Primark.	5 pack Mixed Print T-shirts
C1	3.1	EA	Toddler, main clothing	Shirt		Primark	5.00	1	1	26.1	0.19	1 needed. From H&M/supermarket./Primark.	Stripe Long Sleeve Shirt
C1	3.1	EA	Toddler, main clothing	Trousers		Primark	2.30	1	5	26.1	0.44	5 pairs, Supermarket, primark, 6 months	Drawstring Cuffed Joggers

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments	
C1	3.1	EA	Toddler, main clothing	Trousers		Primark	6.00	1	2	26.1	0.46	2 pairs needed. Chino style. From H&M/supermarket./Primark.	Twill Trousers	
C1	3.1	EA	Toddler, main clothing	Jeans		Primark	4.50	1	2	26.1	0.35	2 pairs needed. From H&M/supermarket./Primark.	Straight leg denim jeggings	
C1	3.1	EA	Toddler, main clothing	Leggings		Asda	3.00	1	2	26.1	0.23	2 pairs needed. From H&M/supermarket./Primark.	Blue ribbed leggings	
C1	3.1	EA	Toddler, main clothing	Jumper		Asda	9.00	1	4	26.1	1.38	4 jumpers, H&M/supermarket/primark, 6 months.	Chunky knit jumper (3 colours)	
C1	3.1	EA	Toddler, main clothing	Hoody/jogger sets		Primark	6.00	1	2	26.1	0.46	2 tracksuits/ sets of matching hoody/sweatshirt and joggers. From H&M/supermarket./Primark.	Sweatshirt And Joggers Co-Ord Set	
C1	3.1	EA	Toddler, main clothing	Shorts		Asda	6.00	4	1	52.1	0.12	4 pairs of shorts from H&M/supermarket./Primark.	Dinosaur Jersey Shorts 4-pack	
C1	3.1	EA	Toddler, outerwear	Rain suit		Sports Direct	10.00	1	1	52.1	0.19	1 needed. From H&M/supermarket./Primark. 1 year.	Gelert baby waterproof rain suit	
C1	3.1	EA	Toddler, outerwear	Coat		Primark	9.00	1	1	52.1	0.17	1 winter coat. H&M/supermarket./Primark. 1 year	Dinosaur puffer jacket	
C1	3.1	EA	Toddler, outerwear	Jacket		Primark	7.00	1	1	52.1	0.13	1 light/summer jacket from H&M/supermarket./Primark. 1 year	Washed Denim Jacket	
C1	3.1	EA	Toddler, outerwear	Hat, winter		Matalan	2.50	1	2	104.3	0.05	2 winter hats from H&M/supermarket/Primark. 2 years	Blue ribbed baby neanie hat	
C1	3.1	EA	Toddler, outerwear	Gloves		Matalan	3.50	2	2	52.1	0.13	4 pairs of gloves from H&M/supermarket/Primark. 1 year	Boys 2 Pack Navy & Khaki Stripe Magic Gloves - One Size	
C1	3.1	EA	Toddler, outerwear	Sun hat		Asda	6.00	2	1	52.1	0.12	2 summer hats from H&M/supermarket/Primark. 1 year	2 pack Dinosaur bucket hats	
C1	3.1	EA	Toddler, outerwear	Swimsuit		Asda	10.00		1	26.1	0.38	Swimsuit. From H&M/Primark/supermarket. 6 months.	Sage green Sunsafe Swimsuit and Kepi Hat	
C1	3.1	EA	Toddler, nightwear	Babygrows		Asda	12.00	5	2	26.1	0.92	10 babygrows needed from H&M/supermarket/Primark.	Long Sleeve Sleepsuits 5 Pack	
C1	3.1	EA	Toddler, fancy dress	Fancy dress		Asda	14.00	1	2	52.1	0.54	2 fancy dress outfits (Halloween and Christmas).	Paw Patrol Chase Blue Fancy Dress Costume	
												C: Clothing and footwear	£	29.40

MIS 2024 REBASE

C: Clothing and footwear

Partnered parents + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
C	3.2	PP	Mother, footwear	Trainers (casual)		Sports Direct	23.00		1	52.1	0.44	From Sports Direct. 1 pair casual trainers, 1 year.	Reebok Club C 85 Ld99
C	3.2	PP	Mother, footwear	Trainers (sporty)		Sports Direct	22.00		1	52.1	0.42	From Sports Direct. 1 pair sporty trainers, 1 year.	Karrimor Duma 5 Ladies Running Shoe
C	3.2	PP	Mother, footwear	Wellies		Asda	17.00		1	52.1	0.33	1 pair from supermarket, 1 year.	Navy striped wellington boots
C	3.2	PP	Mother, footwear	Boots (ankle)		Zara	49.99		1	104.3	0.48	Fashion ankle boots. Zara, 2 years.	Chelsea boots
C	3.2	PP	Mother, footwear	Boots (knee)		Next	45.00		1	104.3	0.43	Knee-length boots with heel, 1 pair, Primark or Zara, 2 years.	Linzi Black Alma High Leg Riding Boots
C	3.2	PP	Mother, footwear	Shoes (smart heels)		New Look	27.99		1	52.1	0.54	1 pair of smart heels, Primark or Zara, 1 year.	Black leather look block heel court shoes
C	3.2	PP	Mother, footwear	Shoes (smart flats)		New Look	27.99		1	52.1	0.54	1 pair of smart flats, Primark or Zara, 1 year.	Black patent tassel trim loafers
C	3.2	PP	Mother, footwear	Sandals		Primark	10.00		2	52.1	0.38	2 pairs of sandals (flats), Primark or Zara, 1 year.	Stud cross strap sandals (in 3 colours)
C	3.2	PP	Mother, footwear	Flipflops		Primark	2.50		1	52.1	0.05	1 pair of flipflops, Primark or Zara, 1 year.	Printed Flip Flops
C	3.2	PP	Mother, footwear	Slippers		Primark	5.00		1	52.1	0.10	1 pair, 1 year.	Faux suede fur lined slippers

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping List	Comments
C	3.2	PP	Father, footwear	Shoes (smart)		Matalan	35.00		2	156.4	0.45	2 pairs of smart shoes, leather uppers. 1 black, 1 brown. From Matalan/Primark. 3 years	Leather Brogue Shoes (in tan and black)
C	3.2	PP	Father, footwear	Shoes (casual)		Matalan	28.00		1	156.4	0.18	1 pair of casual shoes. Matalan/Primark. 3 years	Tan PU Derby Boots
C	3.2	PP	Father, footwear	Trainers (everyday)		Sports Direct	34.00		1	104.3	0.33	1 pair needed, Sports Direct. £30-£40. 2 years	Skechers Gwk Flex Sn99
C	3.2	PP	Father, footwear	Trainers (smart)		Sports Direct	34.99		1	104.3	0.34	1 pair needed, Sports Direct. £30-£40. 2 years	Adidas VS Pace Mens Trainers
C	3.2	PP	Father, footwear	Football boots		Sports Direct	27.99		1	52.1	0.54	1 pair of football boots from Sports Direct. 1 year (if playing regularly as an activity).	Sandico Strike football boots (firm or soft ground)
C	3.2	PP	Father, footwear	Flipflops		Sports Direct	7.00		1	104.3	0.07	1 pair from Sports Direct. 2 years	Hurley Tier Sid Sn99 Sliders, various cols
C	3.2	PP	Father, footwear	Walking boots		Sports Direct	39.00		1	156.4	0.25	1 pair needed, Sports Direct. 3 years	Hi Tec Caha II Wp Walking Boot mens, waterproof
C	3.2	PP	Father, footwear	Slippers		Asda	8.00		1	52.1	2.14	1 pair from supermarket. 1 year.	Navy suede effect full back slippers
C1	3.2	EA	Toddler, footwear	Trainers		Asda	10.00		1	13.0	0.77	1 pair from supermarket.	Grey mesh trainers
C1	3.2	EA	Toddler, footwear	Shoes		Clarks	28.00		1	13.0	2.15	First walkers, Clarks.	Roamer Craft Toddler shoes, navy leather
C1	3.2	EA	Toddler, footwear	Sandals		Asda	7.00		1	52.1	0.13	1 pair from supermarket.	Blue dinosaur double strap sandals
C1	3.2	EA	Toddler, footwear	Wellingtons		Asda	8.00		1	52.1	0.15	1 pair from supermarket.	Green crocodile wellington boots
												C: Clothing and footwear	£ 11.19

MIS 2024 REBASE

D: Housing costs

Partnered parents + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
D1	4.1	PP	Rent	Rent			113.69		1	1.0	110.81	Two bedroom social housing.	Taken from CORE data and uprated using rent inflation values. East Midlands.
D3	4.3	PP	Water supply	Water rates			712.91		1	52.1	13.67		2023 weekly cost was £11.92. Severn trent increase in total bill for typical unmetered households was 14.7%
D4	N/A	PP	Council tax	Council tax			1734.20		1	52.1	33.26		
D5	12.1	PP+1	Contents insurance	Contents insurance		GetCover.co.uk (via MoneySuperMarket.com)	417.02		1	52.1	8.00	Contents insurance including accidental damage cover, with £50 excess.	Contents insurance for couple with 2 children. £50,000 cover level. Paid with £77.22 deposit and then 10 months x £33.98 = £417.02 total annual cost.
D6	4.5	PP	Electricity, gas and other fuels	Fuel			2033.54		1	52.1	39.00		
D7	4.3	PP	Home maintenance	Decorating and other home maintenance			200.00		1	52.1	3.84	£150 (decorating) + £50 maintenance every year, including all paints and other materials.	
												D: Housing Costs	£ 208.58
												D1: Rent	0.00
												D3: Water	0.00
												D4: Council Tax	0.00
												D5: Household insurance	8.00
												D6: Fuel	0.00
												D7: Other housing costs	3.84

MIS 2024 REBASE

E: Household goods and services

Partnered parents + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	5.1	PP	Hall	Lampshades for central lights in hall and landing		B&Q	14.99	1	2	521.4	0.06	£15 per lampshade. From Argos/B+Q/The Range/Wilko. 10 years. 2 needed (1 hall, 1 landing)	12" Luxury Cotton Textured Fabric Coolie Light Shade Purpose Table Floor Ceiling Practical & Eye Caring Lampshade White (N.B. two lightshades for the 'hall', to also cover this home's landing area.)
E1	5.5	PP	Hall	Light bulb		Tesco	3.50	2	1	521.4	0.01	LED, 1 needed for main light	Tesco LED Classic 60W Bayonet Cap 2 pack (1 for hall, 1 for landing)
E1	5.2	PP	Hall	Door mat (outside)		The Range	9.99	1	1	260.7	0.04	Mid-range rubber doormat . From The Range/Wilko/Dunelm/Argos/Amazon. 5 years.	Robusta Heavy Duty Rubber Door Mat
E1	5.2	PP	Hall	Door mat (inside)		The Range	6.49	1	1	104.3	0.06	Cheapest washable mat. The Range/Tesco/B+M/IKEA. 2 years.	Mud Master Barrier Mat
E1	5.1	PP	Hall	Shoe storage		IKEA	79.00	1	1	521.4	0.15	cheapest closable free-standing shoe storage for parents (15 pairs of shoes) from Amazon/Argos/IKEA. 10 years.	BRUSALI Shoe cabinet with 3 compartments, white, 61x30x130 cm
E1	5.1	PP	Hall	Hooks		The Range	11.99	1	1	521.4	0.02	6 coat hooks. 1 up from bottom. From Argos/Amazon/IKEA/Dunelm/The Range. 10 years.	6 Hook Pine Rail - Natural Wood
E1	5.1	PP	Living area	Lampshade for central light		B&Q	14.99	1	1	521.4	0.03	£15 per lampshade. From Argos/B+Q/The Range/Wilko. 10 years	12" Luxury Cotton Textured Fabric Coolie Light Shade Purpose Table Floor Ceiling Practical & Eye Caring Lampshade White
E1	5.5	PP	Living area	Light bulb		Tesco	2.00	1	1	521.4	0.00	LED, 1 needed for main light	Tesco LED Classic 60W Bayonet Cap 2 pack (1 for hall, 1 for landing)
E1	5.2	PP	Living area	Curtains		The Range	53.78	2	1	521.4	0.10	Blackout and thermal curtains throughout, washable, eyelet. Thicker and for quality. From B&M / supermarket / Dunelm / Argos / IKEA / B&Q / The Range / Wilko. 10 years	Woven Thermal Blackout Pencil Pleat Curtains, Machine Washable 228cm x 228 cm
E1	5.5	PP	Living area	Curtain pole		Dunelm	15.00	1	1	521.4	0.03	Metal curtain pole from Dunelm/IKEA/Amazon. 10 years.	Ashton Metal Extendable Curtain Pole 180-330cm
E1	5.2	PP	Living area	Voile (net curtain)		Dunelm	7.00	1	2	521.4	0.03	Cheapest with choice of plain or pattern. From Home Bargains/Dunelm. 10 years	Sheer Elegance White Slot Top Single Voile Panel (W 150cm x D 213 or 228cm)
E1	5.5	PP	Living area	Net curtain wire		Dunelm	2.50	1	1	521.4	0.00	Cheapest voile, plus wire. 10 years	Net curtain wire
E1	5.1	PP	Living area	Sofa - 3 seater		IKEA	650.00	1	1	521.4	1.25	Fabric sofa with washable, removable covers allowing for potential option of leather sofas instead. From IKEA. Matching 2- and 3-seaters. Mid-mid from DFS. 10 years.	IKEA GRÖNLID 10 yr guarantee and washable covers. N.B. no washable covers from DFS or SCS, and Sofaland is second-hand.
E1	5.1	PP	Living area	Sofa - 2 seater		IKEA	550.00	1	1	521.4	1.05	Fabric sofa with washable, removable covers allowing for potential option of leather sofas instead. From IKEA. Matching 2- and 3-seaters. 10 years.	IKEA GRÖNLID 10 yr guarantee and washable covers. N.B. no washable covers from DFS or SCS, and Sofaland is second-hand.
E1	5.1	PP	Living area	Storage unit		The Range	129.99	1	1	782.1	0.17	Sideboard as TV stand. Wood, not MDF. From IKEA/Argos/The Range. 15 years	Corona Grey Wax 3 Door 3 Drawer Sideboard - Distressed Grey Wax
E1	5.1	PP	Living area	Side tables		The Range	64.98	3	1	782.1	0.08	3 nested side tables. From Argos/IKEA/The Range. 15 years.	Corona Grey Nest of Tables - Grey washed wax

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	5.4	PP	Living area	Coasters		Asda	3.00	4	2	782.1	0.08	For drinks on coffee table. 2 packs of 4. From B&M/supermarket/IKEA. 15 years (if sturdy).	George Home Wood Coaster 4 pk
E1	5.1	PP	Living area	Table lamp		The Range	19.99	1	1	521.4	0.04	£20 for parents. 10 years.	Alessia Table Lamp
E1	5.1	PP	Living area	Standing lamp		IKEA	55.00	1	1	521.4	0.11	£50-60 standing lamp, to last 10 years.	ANKARSPEL Floor/reading lamp
E1	5.2	PP	Living area	Cushions		B&M	10.00	1	4	260.7	0.15	4 cushions needed. £10 per cushion. From IKEA/Argos/The Range/Wilko/Dunelm/Amazon. 5 years.	Waffle Faux Fur Cushion - Grey
E1	5.2	PP	Living area	Throws		B&M	15.00	1	2	104.3	0.29	2 needed, 1 for each sofa. Big fluffy throw, Approx. £15 each. IKEA/supermarket/B&M. 2 years.	Simply Everyday Waffle Sherpa Throw
E1	5.1	PP	Living area	Rug		Dunelm	99.00	1	1	156.4	0.63	Around £100 for rug from IKEA/Dunelm. 3 years. Should be flat rather than fluffy, for more longevity and easier cleaning.	Spencer Flatweave Rug 160cmx230cm
E1	5.1	PP	Living area	Personalisation			100.00		1	52.1	1.92	£100 per year for pictures, mirrors, ornaments, etc., covering the whole home except for separate children's personalisation budgets.	
E1	5.6	PP	Living area	Sewing kit		Amazon	18.99		1	1042.9	0.02	A 'proper' basket sewing kit. From supermarket. 20 years.	Navaris Sewing Box with Accessories - Sewing Basket with Organiser Tray Compartments 24.5 x 17.5 x 12.5 cm - Includes 76 Piece Kit - Bird Design
E1	5.1	PP	Dining area	Lampshade for central light		B&Q	14.99	1	1	521.4	0.03	£15 per shade in living areas. From Dunelm/B+M/IKEA/Ebay/Amazon. 10 years.	12" Luxury Cotton Textured Fabric Coolie Light Shade Purpose Table Floor Ceiling Practical & Eye Caring Lampshade White
E1	5.5	PP	Dining area	Light bulb		Tesco	2.00	1	1	521.4	0.00	LED	Tesco LED Classic Warm White 40W Bayonet Cap Bulb
E1	5.2	PP	Dining area	Curtains		The Range	53.78	2	1	521.4	0.10	Blackout and thermal curtains throughout, washable, eyelet. Thicker and for quality. From B&M / supermarket / Dunelm / Argos / IKEA / B&Q / The Range / Wilko. 10 years	Woven Thermal Blackout Pencil Pleat Curtains, Machine Washable 228cm x 228 cm
E1	5.2	PP	Dining area	Curtain pole		Dunelm	15.00	1	1	521.4	0.03	Metal curtain pole from Dunelm/IKEA/Amazon. 10 years.	Ashton Metal Extendable Curtain Pole 180-330cm
E1	5.5	PP	Dining area	Voile (net curtain)		Dunelm	7.00	1	2	521.4	0.03	Cheapest with choice of plain or pattern. From Home Bargains/Dunelm. 10 years	Sheer Elegance White Slot Top Single Voile Panel (W 150cm x D 213 or 228cm)
E1	5.2	PP	Dining area	Net curtain wire		Dunelm	2.50	1	1	521.4	0.00	Cheapest voile, plus wire. 10 years	Net curtain wire
E1	5.1	PP	Dining area	Dining table		IKEA	349.00	1	1	521.4	0.67	Solid table (4-6 places, extendable) and 6 solid chairs. Solid wood. IKEA. 10 years	NORDEN Extendable table, oak, 155/210x90 cm (extending to seat 4-6 people)
E1	5.1	PP	Dining area	Dining chairs		IKEA	40.00	1	6	521.4	0.46	6 solid chairs. Solid wood. IKEA. 10 years	STEFAN Chair, white
E1	5.4	PP	Dining area	Place mats + coasters		Argos	5.00	4	2	104.3	0.10	2 sets of 4. Two up from bottom. B+M/Argos/IKEA/The Range. 2 years.	George Home Castlerock Corkback Placemat and Coaster Set 4 placemats and 4 coasters
E1	5.2	PP	Dining area	Tablecloth		Dunelm	12.00		1	104.3	0.12	Cheapest large enough for the parents' extendable table. Wipe-clean plastic tablecloth. 2 years.	Dandelion Natural £4 per metre (3 metres to be large enough for extendable table), width 140cm.
E1	5.5	PP	Kitchen	Light bulb		Tesco	2.00	1	1	521.4	0.00	LED	Tesco LED Classic Warm White 60W Bayonet Cap Bulb

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	5.2	PP	Kitchen	Blinds		Dunelm	32.00	1	1	260.7	0.12	Moisture resistant blind from Dunelm/Home Bargains/B+M/The Range/IKEA/Amazon. 5 years	Natural Blackout Moisture Resistant Roller Blind, 4ft W 183x162cm
E1	5.4	PP	Kitchen, tableware	Crockery		IKEA	12.00	12	2	156.4	0.15	2 sets x 4 large plates, small plates, and cereal bowls. Cheapest from IKEA. 3 years	FAVORISERA 12-piece service, white. Pasta bowls to be bought separately.
E1	5.4	PP	Kitchen, tableware	Pasta bowls		IKEA	0.75	1	4	156.4	0.02	1 set x 4 of pasta bowls.	OFTAST deep plate, 20cm
E1	5.4	PP	Kitchen, tableware	Mugs		IKEA	2.00	1	8	260.7	0.06	8 needed. One up from bottom, IKEA. 5 years.	FARGKLAR Mug, 37 cl
E1	5.4	PP	Kitchen, tableware	Cutlery		IKEA	15.00	24	2	1042.9	0.03	12 place settings. 1 up stainless steel from IKEA. 20 years	DRAGON 24-piece cutlery set, stainless steel
E1	5.4	PP	Kitchen, tableware	Teaspoons		Tesco	2.50	4	2	104.3	0.05	6 additional teaspoons. Supermarket. 2 years	Tesco Oxford Stainless Steel Teaspoons 4 Pack
E1	5.4	PP	Kitchen, tableware	Tall tumblers		IKEA	4.50	6	1	156.4	0.03	6 needed. Cheapest from IKEA. 3 years	GODIS Glass, clear glass, 40 cl
E1	5.4	PP	Kitchen, tableware	Short tumblers		IKEA	3.50	6	1	156.4	0.02	6 needed. Cheapest from IKEA. 3 years	GODIS Glass, 23cl
E1	5.4	PP	Kitchen, tableware	Wine glasses		IKEA	6.00	6	1	156.4	0.04	4 needed. Cheapest from IKEA. 3 years	SVALKA Wine glass, 44cl
E1	5.4	PP	Kitchen, tableware	Salt and pepper set		Argos	9.00	2	1	260.7	0.03	Cheapest grinders from IKEA. 5 years	Cole & Mason Everyday Salt and Pepper Mills
E1	5.4	PP	Kitchen, tableware	Serving bowl		IKEA	9.00	2	1	156.4	0.06	Serving dish. Ceramic from IKEA. 3 years	POETISK Oven/serving dish 30x20 cm
E1	5.4	PP	Kitchen, tableware	Serving spoons		IKEA	7.00	1	2	1042.9	0.01	2 needed. Stainless steel from IKEA. 20 years	FINMAT Spoon, stainless steel, 33 cm
E1	5.3	PP	Kitchen, appliances	Fridge freezer	Logik	Currys	299.00	1	1	417.1	0.72	From AO/Currys, 8 years.	LOGIK LSD55W23 50/50 Fridge Freezer White
E1	5.3	PP	Kitchen, appliances	Fridge freezer disposal		Currys	25.00		1	417.1	0.06	From AO/Currys. Recycling of old fridge freezer.	£25 for recycling old fridge freezer.
E1	5.3	PP	Kitchen, appliances	Cooker	Beko	Currys	259.00	1	1	521.4	0.50	From AO/Currys. Fully electric (not dual fuel), 10 years.	BEKO KS530S 50 cm Electric Solid Plate Cooker - Silver, Energy rating A
E1	5.3	PP	Kitchen, appliances	Cooker installation and disposal		Currys	125.00		1	521.4	0.24	From AO/Currys. Installation of new cooker and disposal of the old one.	£100 installation + £25 recycling old one.
E1	5.3	PP	Kitchen, appliances	Washing machine	Logik	Currys	259.00	1	1	260.7	0.99	9kg for all MIS households with up to 4 children. From AO/Currys, 5 years.	LOGIK L914WM23 9 kg 1400 Spin Washing Machine - White Energy rating A
E1	5.3	PP	Kitchen, appliances	Washing machine installation and disposal		Currys	55.00		1	260.7	0.21	So that parents could have the choice of these services if unable to move around and install these heavy items by themselves.	£30 for installation + £25 for recycling the old washing machine.
E1	5.3	PP	Kitchen, appliances	Microwave		George, ASDA	49.00	1	1	260.7	0.19	From supermarket/Argos, 5 years.	Manual Microwave - Silver
E1	5.3	PP	Kitchen, appliances	Toaster		George, ASDA	13.00	1.0	1	104.3	0.12	From Asda/Argos, 2 years.	White EPT201W4-20 4 Slice Toaster
E1	5.3	PP	Kitchen, appliances	Kettle		George, ASDA	11.00	1	1	104.3	0.11	From Asda/Argos, 2 years.	White Kettle 1.7L
E1	5.3	PP	Kitchen, appliances	Slow cooker		Asda	23.00	1	1	782.1	0.03	Cheapest slow cooker. c.£20. 15 years.	Stainless Steel Manual 5L Slow Cooker (cheapest 5-litre slow cooker, allowing for various family sizes)
E1	5.4	PP	Kitchen, cookware	Saucepans and frying pans	Tefal	Asda	65.00	5	1	521.4	0.12	Saucepans: set of 3, Tefal to last longer than other non-stick pans – but cheapest Tefal. 10 years. Frying pan to match saucepans.	Tefal Titanium Force 5 pc set saucepans 14/16/18 cm, frypans 20/28 cm, durable non-stick coating B514S544

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	5.4	PP	Kitchen, cookware	Deep saucepan		IKEA	24.00	1	1	521.4	0.05	Stainless steel, two up from bottom (deep saucepans only), 10 years.	Silver Stainless Steel Stock Pot
E1	5.4	PP	Kitchen, cookware	Wok		ASDA	10.00	1	1	1042.9	0.01	One up from bottom, 20 years.	Spun Steel Wok - 35cm
E1	5.4	PP	Kitchen, cookware	Roasting tin		Argos	24.00	9	1	260.7	0.09	Set of baking and roasting tins (bun tin, roasting tin, flat tray etc.) from supermarket/Argos. 5 years.	Argos Home 9 Piece Steel Bakeware Set 2 sandwich tins diameter 20.5cm. 1 bun tray L31cm. 1 baking tray L38, W30cm. 1 Yorkshire pudding tray L23.5cm. 1 loaf tin L25, D6cm. 2 roasters; Large roaster 38cm x 30cm x 4cm, economy roaster 25cm x 19.5cm x 3.5cm and 1 medium pizza tray diameter 27.5, D1cm.
E1	5.4	PP	Kitchen, cookware	Baking sheet		Argos	0.00		1	521.4	0.00	Included in set above.	See set above.
E1	5.4	PP	Kitchen, cookware	Bun tin		Argos	0.00		1	521.4	0.00	Included in set above.	See set above.
E1	5.4	PP	Kitchen, cookware	Casserole dish		Argos	7.00	1	1	417.1	0.02	From supermarket/Argos. 8 years.	Clear Glass Casserole Dish 3L
E1	5.4	PP	Kitchen, cookware	Knives, knife sharpener and scissors		Argos	23.00	8	1	260.7	0.09	From supermarket/Argos. Knife set with wooden block, including a knife sharpener and scissors. 5 years.	Argos Home 8 Piece Wooden Knife Block Set: Chef's knife, Carving knife, Bread knife, Paring knife, Vegetable knife, All purpose knife, Sharpener, Pair of scissors.
E1	5.4	PP	Kitchen, accessories	Utensil set		Argos	18.00	5	1	260.7	0.07	With whisk and spatula. From supermarket/Argos. 5 years.	Utensil caddy, Ladle, Serving spoon, Slotted spoon, Slotted turner, Slotted masher, Tongs, Whisk.
E1	5.4	PP	Kitchen, accessories	Hand whisk		Argos	0.00	1	1	260.7	0.00	Included in set above.	See set above.
E1	5.4	PP	Kitchen, accessories	Tongs		ASDA	0.00	1	1	260.7	0.00	Included in set above.	See set above.
E1	5.4	PP	Kitchen, accessories	Peeler		ASDA	2.75	1	1	521.4	0.01	Two up from bottom, 10 years.	Scoville Peeler
E1	5.4	PP	Kitchen, accessories	Tin opener		Tesco	1.50	1	1	1042.9	0.00	Cheap metal one, 20 years.	Keep It Handy Butterfly Can Opener
E1	5.4	PP	Kitchen, accessories	Corkscrew		Tesco	1.50	1	1	1042.9	0.00	Cheapest 'waiter's friend' type of corkscrew, 20 years.	Keep It Handy Bottle Opener And Corkscrew
E1	5.4	PP	Kitchen, accessories	Rolling pin		Tesco	1.75	1	1	1042.9	0.00	Wood, cheapest ok, 20 years.	Tesco Practic FSC wooden Rolling Pin
E1	5.4	PP	Kitchen, accessories	Chopping boards		Argos	12.50	4	1	260.7	0.05	Colour-coded set, cheapest ok. 5 years.	Argos Home Plastic Chopping Board Set - Pack of 4
E1	5.4	PP	Kitchen, cookware	Colander		Tesco	4.00	1	1	1042.9	0.00	From supermarket/Argos. 20 years.	Tesco Stainless Steel Colander
E1	5.4	PP	Kitchen, cookware	Sieve		Tesco	3.25	1	1	260.7	0.01	From supermarket/Argos. 5 years.	Tesco Stainless Steel Sieve
E1	5.4	PP	Kitchen, cookware	Cheese grater		Tesco	2.50	1	1	104.3	0.02	From supermarket/Argos. 2 years.	Tesco Stainless Steel Box Grater
E1	5.4	PP	Kitchen, accessories	Measuring jug		Tesco	6.00	1	1	260.7	0.02	From supermarket/Argos. 5 years.	Pyrex 1.0L Measuring Jug
E1	5.4	PP	Kitchen, accessories	Mixing bowls (plastic)		Tesco	6.50	4	1	260.7	0.02	From supermarket/Argos. 5 years.	Tesco Colour Mixing Bowl Set 4Pcs
E1	5.3	PP	Kitchen, appliances	Stick blender		Tesco	22.00	1	1	260.7	0.08	Stick blender with whisk. From supermarket/Argos. 5 years.	Tesco Hbs22 White Hand Blender Set, includes chopper, whisk and potato masher

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E1	5.4	PP	Kitchen, accessories	Scales		ASDA	5.00	1	1	260.7	0.02	From supermarket/Argos. 5 years.	George Home White Digital Scale
E1	5.5	PP	Kitchen, accessories	Batteries		Tesco	4.50	8	1	34.8	0.13	E.g. 6-pack of AA batteries for 6 months, so one new battery per month.	Tesco Extra Long Life AA 8 Pack
E1	5.4	PP	Kitchen, accessories	Tea, coffee, sugar canisters		B&M	6.00	3	1	521.4	0.01	From supermarket/Argos. 10 years.	Simply Everyday Set of Storage Jars 3pk
E1	5.4	PP	Kitchen, accessories	Tupperware (plastic storage tubs)		IKEA	4.00	4	1	104.3	0.04	Set, with at least some of lunchbox size. 2 years.	PRUTA Food container, set of 17, transparent/green
E1	5.4	PP	Kitchen, accessories	Oven gloves		Tesco	4.00	1	1	104.3	0.04	From supermarket/Argos. 2 years.	Tesco Black Double Oven Glove
E1	5.4	PP	Kitchen, accessories	Tea towels		Tesco	4.00	5	1	52.1	0.08	From supermarket/Argos. Low quality - so 6 months.	Tesco Linear Check Tea Towels 5 Pack Brights
E1	5.3	PP	Kitchen, cleaning	Vacuum cleaner		Currys	129.00	1	1	521.4	0.25	Henry hoover for a good value longer lifespan and good results. 10 years.	NUMATIC Henry HVR160 Cylinder Bagged Vacuum Cleaner - Red
E1	5.3	PP	Kitchen, cleaning	Replacement dust bags for vacuum		Argos	11.00	10	1	260.7	0.04	Replacement dust bags for the Henry hoover. Recommended to replace the bag every 6 months, so a lifespan of 5 years for the 10-pack.	Henry Genuine Dust Bags - Pack of 10
E1	5.4	PP	Kitchen, cleaning	Iron		Argos	40.00	1	1	365.0	0.11	£40 price for good quality, efficiency and longevity. From supermarket/Argos. 7 years.	Tefal Express Steam FV2869 Steam Iron White & Ruby Red
E1	5.4	PP	Kitchen, cleaning	Ironing board		Argos	18.00	1	1	521.4	0.03	From supermarket/Argos. 20 years.	Habitat Medium 110 x 34cm Ironing Board - Skandi Spot
E1	5.4	PP	Kitchen, laundry	Ironing board cover		Argos	9.50	1	1	365.0	0.03	With metal, reflective parts. 7 years to match the iron's lifespan.	Minky 125 x 45cm Smart Fit Reflector Ironing Board Cover
E1	5.6	PP	Kitchen, laundry	Airer (freestanding)		Argos	22.00	1	2	156.4	0.28	2 needed. From supermarket/Argos. 3 years.	Argos Home 14m 3 Tier Indoor Clothes Airer
E1	5.6	PP	Kitchen, laundry	Airer (radiator)		Tesco	5.00	3	1	156.4	0.03	Three over-radiator airers, as well as the two 3-tier freestanding concertina airers.	Tesco Radiator Clothes Airer Pack of 3
E1	5.6	PP	Kitchen, laundry	Pegs		Tesco	3.00	48	1	156.4	0.02	From supermarket/Argos. 3 years.	Tesco Peg Basket with 48 Pegs
E1	5.6	PP	Kitchen, cleaning	Dustpan + brush		B&M	1.50	1	1	52.1	0.03	From supermarket/Argos. 1 year lifespan.	Simply Everyday Dustpan and Brush
E1	5.4	PP	Kitchen, accessories	Bin		Argos	6.00	1	1	260.7	0.02	From supermarket/Argos. Swing-top, 5 years.	Tontarelli 25 Litre Swing Top Bin - Black
E1	5.6	PP	Kitchen, consumables	Bin liners		Tesco	4.35	30	1	10.0	0.11	From supermarket. 3 bin-liners per week.	Tesco 30 Tall Pedal Bin Liners 30L
E1	5.6	PP	Kitchen, cleaning	Mop & bucket		Argos	12.00	1	1	104.3	0.02	From supermarket/Argos. 2 years.	Addis Antibacterial Superdry Mop and Replacement Heads
E1	5.6		Kitchen, cleaning	Mop head		Dunelm	3.00	1	1	104.3	0.03	Cheap flat mop head, to match the mop, 6 months. Lifespan of 2 years if accounting for the original mop head and the two other replacements that it comes with: 4 heads x 6 months = 2 years, and then it's the end of the mop's own 2-year lifespan.	Addis Superdry Mop Refill
E1	5.6	PP	Kitchen, consumables	Washing liquid		Tesco	2.19		1	7.5	0.29	4 loads of washing for couple.	Tesco Non Biological Liquid Detergent Super Concentrated 900MI (30 washes). 30/4 = 7.5 weeks lifespan for the couple.

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E1	5.6	PP	Kitchen, consumables	Fabric softener		Tesco	1.65		1	12.5	0.13	4 loads of washing for couple.	Tesco Fabric Conditioner Pure 50 Washes 1.25L. 50/4 = 12.5 weeks lifespan for the couple (assuming all washes using fabric conditioner).
E1	5.6	PP	Kitchen, consumables	Washing up liquid		Tesco	2.00		1	4.3	0.46	Fairy brand. From supermarket/Argos. 1 month.	Fairy Original Washing Up Liquid 654MI
E1	5.6	PP	Kitchen, consumables	Bleach		Tesco	0.70		1	4.3	0.16	From supermarket/Argos. 3 week lifespan just for the kitchen.	Tesco Thick Bleach Fresh 750MI
E1	5.6	PP	Kitchen, consumables	Multipurpose spray		Tesco	0.85		1	4.3	0.20	Multipurpose spray. 1 month. (N.B. this is in parallel to the separate 1-month lifespan for the bathroom spray).	Tesco Antibacterial Multi Purpose Cleanser Spray 750MI
E1	5.6	PP	Kitchen, consumables	Floor cleaner		Tesco	2.00		1	8.7	0.23	Floor cleaner, 1 litre, to last 2 months.	Flash All Purpose Liquid Floor Cleaner Traditional Bicarbonate Of Soda 1l (no Tesco or Asda own-brand floor cleaner available)
E1	5.6	PP	Kitchen, consumables	Window cleaner		Tesco	2.10		1	52.1	0.04	Window cleaning spray, also usable as polish.	Mr Sheen Multisurface Polish Spring Fresh 250MI
E1	5.6	PP	Kitchen, consumables	Oven cleaner		Tesco	3.50		1	26.1	0.13	Oven cleaner, 6 months.	Oven Pride Cleaning System 500ml
E1	5.6	PP	Kitchen, consumables	Drain unblocker		Tesco	2.00			52.1	0.00	Drain unblocker, supermarket own-brand, 1 year.	Tesco Sink & Drain Unblocker 500MI
E1	5.6	PP	Kitchen, cleaning	Drainer		The Range	3.99	1	1	521.4	0.01	From supermarket/Argos. 10 years.	Casa Large Dish Drainer
E1	5.6	PP	Kitchen, cleaning	Sponge scourers		Tesco	0.79	6	1	6.0	0.13	From supermarket/Argos. 1 scourer per week.	Tesco Non-Scratch Sponge Pan Cleaners 6 Pack
E1	5.6	PP	Kitchen, cleaning	Microfibre cloths		Tesco	2.00	4	2	52.1	0.08	Microfibre cloths, 2 x 4 packs, washable, supermarket own-brand, 1 year.	Tesco Microfibre Cloth 4 Pack
E1	5.6	PP	Kitchen, consumables	Kitchen roll		Tesco	2.50	2	1	8.7	0.29	1 month per kitchen roll.	Tesco Kitchen Towel 100% Recycled 2 Rolls
E1	5.6	PP	Kitchen, consumables	Kitchen foil		Tesco	1.40		1	8.7	0.16	10m foil roll, to last 2 months.	Tesco Kitchen Foil 10M X 290Mm
E1	5.5	PP	Tools	Tool kit		B&Q	25.99	53	1	521.4	0.05	Basic tool kit from B&Q/Screwfix/Amazon. One that has received good reviews. 10 years.	VonHaus Household Tool Kit - 53pc Tool Kit for Beginners - Includes Precision Screwdrivers, Hammer, Pliers, Hex Keys, Bits & More
E1	5.5	PP	Tools	Hand saw		B&Q	5.99	1	1	521.4	0.01	Hand saw, separately if not included in tool kit. 10 years.	Magnusson 350mm Fine cut & clean Toolbox saw, 11 TPI
E1	5.5	PP	Tools	Drill		B&Q	29.45	1	1	521.4	0.06	Cordless drill from B&Q/Screwfix/Amazon. Fairly basic again, but reliable and with good reviews. 10 years.	MYLEK 18MYLEK 18V Cordless Li-ion Drill And Screwdriver Set With 13 Piece Accessory Kit
E1	5.5	PP	Tools	Torch		Tesco	3.00	1	1	521.4	0.01	Small battery-powered torch, from supermarket or Screwfix. 10 years. (N.B. household battery supplies included in the kitchen.)	Summit 9 LED Torch
E1	5.5	PP	Tools	Step ladder		B&Q	66.99	1	1	1042.9	0.06	Step ladder, cheapest ok, no need for paint tray. 20 years.	Mac Allister 6 tread Aluminium, plastic & steel Step Ladder (closed height 2.01m, max. open height 1.88m)
E1	5.5	PP	Bathroom	Light bulb		Tesco	2.00	1	1	521.4	0.00	LED	Tesco LED Classic Warm White 60W Bayonet Cap Bulb
E1	5.2	PP	Bathroom	Blinds		Dunelm	32.00	1	1	260.7	0.12	Moisture resistant blind from Dunelm/Home Bargains/B+M/The Range/IKEA/Amazon. 5 years	Natural Blackout Moisture Resistant Roller Blind, 4ft W 183x162cm

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E1	5.2	PP	Bathroom	Bath mat (for floor)		Tesco	6.50	1	1	104.3	0.06	2 washable fabric mats. Cheapest from supermarket/IKEA . 2 years.	Tesco Microchenille Bath Mat
E1	5.2	PP	Bathroom	Bath towels		George, ASDA	6.00	1	4	260.7	0.09	4 needed (2 bath towels and 2 bath sheets per parent). Asda (mid-)range. 5 years.	Soft Grey Super Soft Cotton Towel & Bath Mat Range: Bath Towel (70 x 130cm)
E1	5.2	PP	Bathroom	Bath sheets		George, ASDA	8.00	1	4	260.7	0.12	4 needed (2 bath towels and 2 bath sheets per parent). Asda (mid-)range. 5 years.	Soft Grey Super Soft Cotton Towel & Bath Mat Range: Bath Sheet (100 x 150cm)
E1	5.2	PP	Bathroom	Beach towels		Asda	7.00		2	260.7	0.05	1 beach/swimming towel per person (2 for the couple). Supermarket but not 'value' range, 5 years.	Mint Stripe Cotton Beach Towel
E1	5.2	PP	Bathroom	Hand towels		George, ASDA	3.00	1	2	260.7	0.02	2 needed. Asda (mid-)range. 5 years.	Soft Grey Super Soft Cotton Towel & Bath Mat Range: Hand Towel (50 x 90cm)
E1	5.2	PP	Bathroom	Flannels		George, ASDA	0.80	1	2	52.1	0.03	2 needed per parent. Basic from ASDA. 1 year.	Soft Grey Super Soft Cotton Towel & Bath Mat Range: Face Cloth (30 x 30cm)
E1	5.2	PP	Bathroom	Shower curtain		Argos	9.00	1	1	52.1	0.17	at least a one-up-from-bottom shower curtain for less likelihood of ripping or getting mouldy, washable. From supermarket/IKEA. 1 year.	Argos Home Plain Shower Curtain - White. Machine washable, includes curtain rings 180x180cm
E1	5.5	PP	Bathroom	Shower curtain rail		B&M	6.00		1	260.7	0.02	Needed for the shower curtain. 5 years.	Addis Shower Rod - Chrome. Extends up to 2m.
E1	5.5	PP	Bathroom	Shower curtain rings			0.00		1	52.1	0.00	Needed for the shower curtain. 1 year.	Included in shower curtain above.
E1	5.4	PP	Bathroom	Toothbrush holder		B&M	2.50	1	1	260.7	0.01	Cheapest ceramic toothbrush holder from Wilko/The Range/Amazon/supermarket/Home Bargains/B+M. 5 years.	Simply Everyday Toothbrush Holder
E1	5.1	PP	Bathroom	Toilet roll holder	Maine	B&M	20.00	1	1	260.7	0.08	To hold multiple rolls. Slim, cupboard-style. Mid-range from B&M. 5 years.	Maine Toilet Roll Holder - White. Discounted from £20.
E1	5.5	PP	Bathroom	Door hooks		B&M	6.00	5	1	521.4	0.01	Set of 2 over-door hooks, screwed to back of door. Cheapest. 10 years.	10 Ball Overdoor Hooks - Silver
E1	5.1	PP	Bathroom	Medicine cabinet		Argos	30.00	1	1	1042.9	0.03	Medicine cabinet with mirror. From IKEA/Home Bargains/Argos. Cheapest. 20 years	Argos Home Tongue & Groove Mirrored Cabinet - White
E1	5.4	PP	Bathroom	Clothes basket		ASDA	18.00	1	1	260.7	0.07	Plastic woven style. From supermarket/IKEA. 5 years.	Addis Charcoal 50L Rattan Effect Laundry Hamper
E1	5.4	PP	Bathroom	Bin		George, ASDA	9.00	1	1	260.7	0.03	Small pedal bin. Cheapest from Wilko/The Range/Amazon/supermarket/Home Bargains/B+M. 5 years	Charcoal matte Rectangular Bin 5L
E1	5.6	PP	Bathroom	Bin liners		Tesco	1.80	25	1	25.0	0.07	1 per week.	Tesco Drawstring Scented Bin Liners 12Lx 25Pk
E1	4.3	PP	Bathroom	Toilet seat		B&Q	15.95	1	1	260.7	0.06	Wooden toilet seat with metal fittings. From Homebase or B&Q. 5 years.	18" Wooden Universal Bathroom WC Toilet Seat Easy Fit Antique Pine
E1	5.6	PP	Bathroom	Toilet brush		ASDA	3.00	1	1	52.1	0.06	With holder. Rubber bristles. cheap from supermarket. 5 years. 1 year.	Chrome Toilet Brush Holder
E1	5.6	PP	Bathroom	Bathroom cloths		Tesco	2.50	25	1	25.0	0.10	J cloths, 1 per week.	Tesco All Purpose Cloths 25 Pack
E1	5.6	PP	Bathroom	Bleach		Tesco	0.70	1	1	2.0	0.35	Replaced every 2 weeks. N.B. this is in parallel to the separate 3-week lifespan for the kitchen bleach	Tesco Thick Bleach Fresh 750ML
E1	5.6	PP	Bathroom	Bathroom spray		Tesco	0.85	1	1	4.3	0.20	Multipurpose spray, replaced monthly. N.B. this is in parallel to the separate 1-month lifespan for the kitchen spray,	Tesco Antibacterial Multi Purpose Cleanser Spray 750ML

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E1	5.1	PP	Bedroom	Lampshade for central light		B&Q	14.99	1	1	521.4	0.03	From Dunelm/B+M/IKEA/Ebay/Amazon. £15 per shade in bedrooms. 10 years.	12" Luxury Cotton Textured Fabric Coolie Light Shade Purpose Table Floor Ceiling Practical & Eye Caring Lampshade White
E1	5.5	PP	Bedroom	Light bulb		Tesco	2.00	1	2	521.4	0.01	LED. 2 needed, 1 for bedside lamp	Tesco LED Classic Warm White 40W Bayonet Cap Bulb
E1	5.2	PP	Bedroom	Curtains		The Range	53.78	2	1	521.4	0.10	Blackout and thermal curtains throughout, washable, eyelet. Thicker and for quality. From B&M / supermarket / Dunelm / Argos / IKEA / B&Q / The Range / Wilko. 10 years	Woven Thermal Blackout Pencil Pleat Curtains, Machine Washable 228cm x 228 cm
E1	5.2	PP	Bedroom	Curtain pole		Dunelm	15.00	1	1	521.4	0.03	Metal curtain pole from Dunelm/IKEA/Amazon. 10 years.	Ashton Metal Extendable Curtain Pole 180-330cm
E1	5.2	PP	Bedroom	Voile (net curtain)		Dunelm	7.00	1	2	521.4	0.03	1 up from bottom from Argos/B+Q/The Range/Wilko. 10 years	Sheer Elegance White Slot Top Single Voile Panel (Priced at Dunelm because mostly patterned in suggested retailers. 1 panel of 150x228cm so priced 2)
E1	5.2	PP	Bedroom	Net curtain wire		Dunelm	2.50	1	1	521.4	0.00	From Argos/B+Q/The Range/Wilko. 10 years	Net curtain wire (includes 2 hooks and eyes) 3m
E1	5.1	PP	Bedroom	Double bed		Ikea	179.00	1	1	521.4	0.34	Double bed from IKEA. Basic standard frame. 10 years	MALM Bed frame, high, white, Standard Double
E1	5.1	PP	Bedroom	Mattress		Ikea	199.00	1	1	417.1	0.48	Mattress from IKEA, 'level 2' mattress (one above the cheapest group). 8 years.	VESTERÖY Pocket sprung mattress, Standard Double (choice of 2 firmness options)
E1	5.1	PP	Bedroom	Wardrobe		Ikea	229.00	1	1	521.4	0.44	A triple wardrobe. E.g. Malm from IKEA. Matching bedside table. 10 years.	SONGESAND Wardrobe, white, 120x60x191 cm
E1	5.1	PP	Bedroom	Chest of drawers		Ikea	79.00	1	1	521.4	0.15	Added by CB1B group. IKEA, 3 wide drawers, 10 years.	MALM Chest of 3 drawers, white, 80x78 cm
E1	5.1	PP	Bedroom	Bedside table with drawers		Ikea	49.00	1	2	521.4	0.19	E.g. Malm from IKEA. Matching wardrobe. 10 years. One on each side of the bed.	MALM Chest of 2 drawers, 40x55cm
E1	5.2	PP	Bedroom	Duvet		Asda	25.00	1	1	260.7	0.10	Winter and summer duvet. From supermarket. 5 years	All Seasons Combi Duvet, Double size
E1	5.2	PP	Bedroom	Pillows (cheap)		Asda	7.00	2	1	104.3	0.07	4 pillows needed. 2 cheapest from supermarket (Asda) and 2 mid-range (e.g. Slumberland). 2 years	Soft Touch Comfort Pillow Pair
E1	5.2	PP	Bedroom	Pillows (mid-range)	Slumberland	Asda	13.00	2	1	104.3	0.12	4 pillows needed. 2 cheapest from supermarket (Asda) and 2 mid-range (e.g. Slumberland). 2 years	Slumberland Super Support Pillow Pair
E1	5.2	PP	Bedroom	Duvet covers		Asda	16.00	1	3	260.7	0.18	3 sets needed from supermarket, £15.99 to £20 price range with choice of patterns. 5 years	Sleepdown Ditsy Floral Duvet Set in Blue, Double size (lots of choice at this price point)
E1	5.2	PP	Bedroom	Pillow cases		Asda	1.50	2	3	260.7	0.02	3 sets needed for each of 4 pillows. 6 pillow cases included in duvet sets above, so another 3 pairs needed from supermarket. 5 years	Plain Pillowcase Pair. Wide choice of colours.
E1	5.2	PP	Bedroom	Sheets (fitted)		Asda	6.00	1	3	260.7	0.07	3 needed from supermarket. 5 years.	Deep fitted sheet
E1	5.2	PP	Bedroom	Mattress protector		Asda	15.00	1	1	260.7	0.06	Fully fitted (not just corner straps) from supermarket. 5 years	Silentnight Waterproof Mattress Protector
E1	5.2	PP	Bedroom	Pillow protectors		Asda	5.00	2	4	260.7	0.08	8 needed (2 per pillow). Waterproof but not crinkly. From supermarket/Primark/Argos/IKEA. 5 years.	Pillow Protector Pair

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E1	5.2	PP	Bedroom	Throw		George, ASDA	12.00	1	1	260.7	0.05	Fluffy throw (same as in living area) from supermarket. 5 years	Natural Check Sherpa Throw
E1	5.1	PP	Bedroom	Mirror			0.00		1	521.4	0.00	Full-length mirror, to be stuck onto wardrobe. From IKEA/supermarket/Home Bargains. 10 years. Included in wardrobe above.	
E1	5.1	PP	Bedroom	Lamp		B&M	6.00	1	2	260.7	0.05	Cheap lamp from Home Bargains or B&M. 5 years	Manhattan Mini Lamp
E1	5.1	PP	Garden	Garden furniture		Argos	98.00		1	521.4	0.19	Table and 4 chairs. Sturdy and decent quality, in a range of possible materials. Approx. £100. From B&Q. 10 years.	Argos Home Resin Rattan Effect Stacking Garden Chair - Grey £16 each x4 PLUS Argos Home 4 Seater Round Plastic Garden Table - Grey £50 £50 +£48 = £98 for set.
E1	5.1	PP	Garden	Garden parasol		B&Q	12.95	1	1	521.4	0.02	Parasol to go with the garden table and chairs (possibly included in the set). 10 years.	170cm Diameter Multi Coloured Fabric Cover Beach Garden Parasol Umbrella with Adj Height to 1.8m
E1	5.1	PP	Garden	Garden parasol base		B&Q	12.99	1	1	521.4	0.02	Parasol to go with the garden table and chairs (possibly included in the set). 10 years.	URBNLIVING Height 13cm 10L Round White Colour Plastic Umbrella Parasol Base Stand Garden Sunshade Holder
E1	9.2	PP	Garden	Barbecue		B&Q	22.99	1	1	260.7	0.09	Kettle Charcoal BBQ from B&Q. 5 years.Plus cover	Portable Round Kettle Charcoal Grill BBQ Outdoor Heat Control Party BBQ Grill Red
E1	5.5	PP	Garden	Hosepipe		B&Q	49.00	1	1	521.4	0.09	20m from B&Q. 10 years	Hozelock 2 in 1 Freestanding Hose pipe set (L)25m
E1	5.5	PP	Garden	Lawn mower		B&Q	59.00	1	1	521.4	0.11	From B&Q/Amazon/Ebay. 10 years	M3E1032G Corded Rotary Lawnmower
E1	5.5	PP	Garden	Strimmer		B&Q	37.00	1	1	521.4	0.07	From B&Q. 10 years.	Mac Allister MGT35025 350W Corded Grass trimmer
E1	5.5	PP	Garden	Spade		B&Q	11.00	1	1	521.4	0.02	Basic with decent reviews. 10 years.	Metal Square Digging Spade
E1	5.5	PP	Garden	Trowel		B&Q	4.50	1	1	521.4	0.01	Basic with decent reviews. 10 years.	Magnusson Trowel
E1	5.5	PP	Garden	Garden fork		B&Q	10.99	1	1	521.4	0.02	Basic with decent reviews. 10 years.	New Garden B order Digging Fork Gardening Hand Tool Carbon Steel Planting Home
E1	5.5	PP	Garden	Rake		B&Q	10.00	1	1	521.4	0.02	Basic with decent reviews. 10 years.	Leaf Rake (W)560mm
E1	5.5	PP	Garden	Hoe		B&Q	12.95	1	1	521.4	0.02	Basic with decent reviews. 10 years.	Garden Carbon Steel Dutch Hoe - Green
E1	3.1	PP	Garden	Gardening gloves		B&Q	6.24	1	1	521.4	0.01	From B&Q. 3 years.	Briers All Rounder Multi Grip Gardening Warehouse Utility Gloves Medium Size 8
E1	5.1	PP	Garden	Storage box		B&Q	160.00	1	1	521.4	0.31	Storage box for lawn mower and other garden items. From B&Q. 10 years	Keter Store-it-out ARC Plastic Garden storage box 1200L
E1	9.3	PP	Garden	Garden maintenance			55.00		1	52.1	1.05	£55 per year for garden maintenance, e.g. plants, compost, etc. This would also include charcoal for the barbecue.	
E1	5.1	PP	Garden	Fencing			200.00		1	521.4	0.38	£200 budget to repair/replace fence panels every 10 years.	
E1	4.3	PP*1	Hall	Laminate flooring		Carpetright	541.67		1	782.1	0.69	From B&Q/Carpetright. Laminate flooring, mid-range. Plus mid-range underlay. 15 years	Hall: Tegola Atlas Oiled Oak Nature Laminate (4x 2.69m2 boxes, £19.99/sqm = £215.44), Timbershield Wood and Laminate Underlay 3mm (1 x 10m2 boxes, £9.49/sqm = £94.90), Single Edge Door Bar Aluminium 0.9m (3x £11.99 = £35.97) -> £346.31 plus delivery (£39.99) and fitting (£155.37) = £541.67.

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	4.3	PP*1	Stairs and landing	Carpet		Carpetright	538.46		1	521.4	1.03	From Carpetright.from the options available, the £12.99/sqm Twilight Saxony carpet product should be used. Stairs and landing. Mid-range carpet and mid-range underlay. 10 years.	Stairs + Landing: Twilight Saxony Carpet (13m2 x £13.99/sqm = £181.87), Glory Carpet Underlay 10mm (13m2 x £10.49/sqm = £136.37), Double Edge Door Bar Aluminium 0.9m (2x £11.99 = £23.98), Dual Purpose Gripper 1.52LM TXT190 (28x £2.50 = £70.00) - > £412.22 plus delivery (£39.99) and fitting (£86.25) = £538.46.
E1	4.3	PP*1	Living and dining area	Laminate flooring		Carpetright	1102.29		1	782.1	1.41	From B&Q/Carpetright. Laminate flooring, mid-range. Plus mid-range underlay. 15 years	Living and dining room: Tegola Atlas Oiled Oak Nature Laminate (8x 2.69m2 boxes, £19.99/sqm = £430.88), Timbershield Wood and Laminate Underlay 3mm (3 x 10m2 boxes, £9.49/sqm = £284.70), Single Edge Door Bar Aluminium 0.9m (3x £11.99 = £35.97) -> £751.55 plus delivery (£39.99) and fitting (£310.75) = £1,102.29.
E1	4.3	PP*1	Bedroom 1	Carpet		Carpetright	481.47		1	521.4	0.92	From Carpetright. From the options available, the £12.99/sqm Twilight Saxony carpet product should be used.. Mid-range carpet and mid-range underlay. 10 years.	Bedroom 1: Twilight Saxony Carpet (13m2 x £13.99/sqm = £181.87), Glory Carpet Underlay 10mm (13m2 x £10.49/sqm = £136.37), Double Edge Door Bar Aluminium 0.9m (1x £11.99 = £11.99), Dual Purpose Gripper 1.52LM TXT190 (10x £2.50 = £25.00) -> £355.23 plus delivery (£39.99) and fitting (£86.25) = £481.47.
E1	4.3	PP*1	Bedroom 2	Carpet		Carpetright	493.71		1	521.4	0.95	From Carpetright. From the options available, the £12.99/sqm Twilight Saxony carpet product should be used. Mid-range carpet and mid-range underlay. 10 years.	Bedroom 2: Twilight Saxony Carpet (13.5m2 x £13.99/sqm = £188.87), Glory Carpet Underlay 10mm (13.5m2 x £10.49/sqm = £141.62), Double Edge Door Bar Aluminium 0.9m (1x £11.99 = £11.99), Dual Purpose Gripper 1.52LM TXT190 (10x £2.50 = £25.00) -> £367.47 plus delivery (£39.99) and fitting (£86.25) = £493.71.
E1	5.1	EA	Safety equipment	Stair gate for bedroom		Argos	25.00		1	521.4	0.05	Baby gate needed for toddler bedroom (but not preschool child). Standard width. From Argos/Amazon. To last 10 years.	Cuggl Pressure Fit Safety Gate
E1	5.1	EA	Living area	Toy storage (living area)		The Range	19.99		1	156.4	0.13	Ottoman style toy box with fabric, cushioned lid. 3ftx2ft and knee-height. £20-25. From Wilko/B+M/The Range. 3 years. One each if multiple children.	Brushed Velvet Trunk - Grey
E1	5.1	EA	Living area	Travel cot		Smyths	36.99		1	521.4	0.07	Foldable travel cot, to come with a mattress. From Amazon/Tesco/Asda/Smyths. (£30?), cheapest ok, 10 years. Versatile, so able to put toddler in instead of playpen, but can also be used if going away.	miniuno SnoozeLite Travel Cot Dark Grey and Black
E1	5.2	EA	Living area	Sheet for travel cot		Asda	6.50	2	1	521.4	0.01	Needed for the travel cot. 10 years.	Grey Fitted Sheets 2 Pack (Travel Cot size)
E1	5.2	EA	Living area	Throw		Primark	12.00		1	260.7	0.05	From B+M/Primark. Mid-mid quality with choice of 4 or 5 colours. 5 years.	Soft-Touch Throw
E1	5.3	EA	Living area	Baby monitor		Argos	25.00		1	521.4	0.05	Audio monitor. 2 up from bottom. Argos/Amazon/Currys/supermarket. 10 years. One each if multiple children.	Vtech DM1211 Digital Audio Baby Monitor

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	5.1	EA	Dining area	Highchair		Smyths	24.99		1	521.4	0.05	Highchair with foot rest and 4-point harness for extra prevention of climbing out. Plastic cover on food tray. From IKEA/Smyths. 10 years.	Babylo Eatin Mess High Chair
E1	5.4	EA	Kitchen, tableware	Beaker		Ikea	2.50	1	3	26.1	0.29	3 sippy cups. 1 for nursery and 2 to use at home. From IKEA. 6 months.	BÖRJA Training beaker
E1	5.4	EA	Kitchen, tableware	Suction bowl		Tesco	8.50	3	1	521.4	0.02	1 suction bowl. 1 up from Poundland/Home Bargains/B+M. One-off purchase.	Munchkin Stay Put Suction Bowl 3 Pack (no suction bowls are currently available from the listed retailers)
E1	5.4	EA	Kitchen, tableware	Suction plate		Tesco	7.25	1	1	521.4	0.01	1 suction plate. 1 up from Poundland/Home Bargains/B+M. One-off purchase.	Munchkin Stay Put Suction Plate (no suction plates are currently available from the listed retailers)
E1	5.4	EA	Kitchen, accessories	Baby bottles		Tesco	13.50	2	1	52.1	0.26	2 9oz (260ml) bottles with 2 teats per bottle (fast flow). Branded and BPA-free. 1 year.	Tommee Tippee Natural Start Baby Bottle 340ml X 2 3m+ (medium flow). No Tommee Tippee bottles are sold with fast flow teats, so those are priced here as a separate item.
E1	5.4	EA	Kitchen, accessories	Bottle teats		Tesco	3.00	2	1	52.1	0.06	2 fast flow baby bottle teats, because the bottles are only sold with slow (0m+) or medium (3m+) flow teats.	Tommee Tippee Natural Start Fast Flow Teats 2 Pack 6M+
E1	5.4	EA	Kitchen, accessories	Bottle brush		Amazon	6.99	1	1	104.3	0.07	Silicone baby bottle brush from supermarket/Amazon/Argos. 2 years	ddLUCK Silicone Bottle Cleaning Brush with Long Handle, 31cm Water Bottle Cleaner for Baby Bottles
E1	5.4	EA	Kitchen, accessories	Baby food feeder dummy		Tesco	5.50	1	3	52.1	0.32	'Weaning dummies', with space for sliced-up cucumber or fruit. Pack of 3, to last 1 year.	Munchkin Baby Food Feeder 4+ Months
E1	5.6	EA	Kitchen, laundry	Washing liquid (toddler)		Tesco	3.39		1	30.0	0.11	2 washes per week.	Tesco Non Biological Detergent Super Concentrated 1.8L 60W (60 washes)
E1	5.6	EA	Kitchen, laundry	Fabric conditioner (toddler)		Tesco	1.65		1	25.0	0.07	2 washes per week.	Tesco Pure Fabric Conditioner 50 Washes 1.25L
E1	5.2	EA	Bathroom	Towels, bath (toddler)		Asda	6.00		2	156.4	0.08	2 needed from supermarket. 3 years.	Natural Ultra Plush Antimicrobial Towel Range - Bath Towel (70cmx130cm)
E1	5.2	EA	Bathroom	Towels, beach (toddler)		Asda	6.00		1	260.7	0.02	1 beach/swimming towel. Supermarket but not 'value' range, 5 years.	Natural Bear Hooded Towel
E1	5.2	EA	Bathroom	Flannels (toddler)		Asda	0.80	1	5	52.1	0.08	5 of the cheapest flannels from supermarket. 1 year.	Yellow Super-Soft Cotton Towel Range - Face Cloth (30cmx30cm)
E1	5.1	EA	Bedroom	Lampshade for central light		B&Q	14.99	1	1	521.4	0.03	Lampshade B&M/Home Bargains/Wilkos/Ikea - choice of colours and size. £15 per lampshade throughout the home. 10 years.	12" Luxury Cotton Textured Fabric Coolie Light Shade Purpose Table Floor Ceiling Practical & Eye Caring Lampshade Cream (available in a wide range of colours)
E1	5.5	EA	Bedroom	Light bulb		Tesco	2.00	1	1	521.4	0.00	LED, 1 needed for main light.	Tesco LED Classic Warm White 40W Bayonet Cap Bulb
E1	5.2	EA	Bedroom	Curtains		The Range	53.78	2	1	521.4	0.10	Blackout roller blind and blackout washable curtains. From Dunelm. 10 years.	Woven Thermal Blackout Pencil Pleat Curtains (228cm x 228cm, machine washable, and available in a range of colours)
E1	5.2	EA	Bedroom	Curtain pole		Dunelm	15.00	1	1	521.4	0.03	Metal curtain pole from Dunelm/IKEA/Amazon. 10 years.	Ashton Metal Extendable Curtain Pole 180-330cm
E1	5.2	EA	Bedroom	Blinds		Dunelm	14.00		1	521.4	0.03	Blackout roller blind and blackout washable curtains for extra insulation. Dunelm. 10 years.	Plain Black Blackout Roller Blind (W 122cm (48") x D 163cm (64")); available in a range of colours)
E1	5.1	EA	Bedroom	Cot bed (toddler)		Argos	180.00		1	521.4	0.35	Cot bed from Smyths/Argos/Amazon. Mid-mid quality. 10 years	Obaby Grace Cot Bed - White
E1	5.1	EA	Bedroom	Mattress, cot bed (toddler)		Argos	100.00		1	521.4	0.19	Hypoallergenic mattress. Good quality, such as Silentnight. 10 years.	Silentnight Safe Night Snuggle 70x140cm Cot Bed Mattress

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	5.2	EA	Bedroom	Pillow (toddler)			0.00			208.6	0.00	1 cot bed pillow needed. From supermarket. 4 years.	Included in cot bed quilt / duvet set.
E1	5.2	EA	Bedroom	Pillow protectors		Asda	7.00	2	1	260.7	0.03	2 needed. Waterproof (and nosebleed-proof) but not crinkly. From supermarket/Primark/Argos/IKEA. 5 years.	Waterproof Pillow Protector Pair
E1	5.2	EA	Bedroom	Pillowcases (toddler)			0.00			208.6	0.00	Needed if quilt does not come with removable covers and pillowcase included.	Included in cot bed duvet cover set.
E1	5.2	EA	Bedroom	Mattress protector, cot bed		Asda	6.00	1	2	208.6	0.06	2 mattress protectors needed. Supermarket. 4 years.	White Mattress Protector - Cotbed
E1	5.2	EA	Bedroom	Sheets, fitted, cot bed (toddler)		Asda	9.00	2	1	208.6	0.04	2 fitted sheets needed. Supermarket. 4 years.	Blue Cotbed Fitted Sheets - Set of 2
E1	5.2	EA	Bedroom	Quilt		Asda	15.00		1	208.6	0.07	Toddler quilt (not duvet). From supermarket. 4 years	Silentnight Safe Nights Toddler Bedset Anti-allergy Pillow & Duvet (listed on Asda website as 'Toddler Cot bed Quilt & Pillow set', and 4 tog like other 'quilts') (discounted from £17)
E1	5.2	EA	Bedroom	Duvet covers		Asda	13.00	1	2	208.6	0.12	2 needed. From supermarket, 4 years	Natural Dino Brushed Cotton Reversible Duvet Set - Cot Bed, Toddler or Junior Bed size (includes 1 pillowcase)
E1	5.2	EA	Bedroom	Sleeping bag (sack)		Asda	13.50	1	1	208.6	0.06	1 baby sleeping bag / sleep sack from supermarket. 4 years	Animal Train Sleep Bag 1 Tog
E1	5.1	EA	Bedroom	Chest of drawers		Ikea	79.00		1	521.4	0.15	Wardrobe/drawers as preferred. 5 drawers needed. IKEA. 10 years.	KULLEN Chest of 5 drawers, white, 70x112 cm
E1	5.1	EA	Bedroom	Bookshelf		Ikea	15.00	1	1	521.4	0.03	1 shelf. From IKEA/The Range. 10 years.	LACK Wall shelf, white stained oak effect, 110x26 cm
E1	5.1	EA	Bedroom	Toy storage (bedroom)		H&M	22.99		1	260.7	0.09	Fabric, rope effect storage basket. IKEA/The Range. 5 years	Cotton storage basket (40cm x 40cm; equivalents from Ikea and The Range are either much smaller or out of stock)
E1	5.1	EA	Bedroom	Lamp (night light)		Amazon	13.73		1	521.4	0.03	Night light lamp. Approx. £15 Amazon. 10 years	One Fire Bunny Night Light Kids 【16 Colors Remote】 Cute Baby Night Light Newborn, 5 Brightness Kids Night Light Bedroom, 3 Timer Kids Lamp Nightlight, Rechargeable Night Light Kids Night Lamp Cute Gifts
E1	5.1	HHAB	Safety equipment	Stair gates for stairs (wide)		Argos	25.00		2	521.4	0.10	2 stair gates needed for stairs (top and bottom). Wide-fitting. Approx £15 each from Argos. 10 years.	Cuggi Wall Fix Extending Safety Gate
E1	5.1	HHAB	Safety equipment	Stair gate for kitchen		Argos	25.00		1	521.4	0.05	Safety gate needed for kitchen. Standard width. Approx £15 each from Argos. 10 year.	Cuggi Pressure Fit Safety Gate
E1	5.1	HHAB	Safety equipment	Socket covers		Amazon	4.15	12	1	1042.9	0.00	Electrical socket protector - standard plug-in covers. 20 years.	RUTZ® 12 Pcs Baby Home Safety Socket Covers Child Proof Plug Socket Protectors/Guards Perfect UK Baby Safety Plug Socket Covers for Children at Home and School
E1	5.1	HHAB	Safety equipment	Corner protectors		Ikea	7.50	8	2	521.4	0.03	4 x 4-pack corner protectors. IKEA/Poundland. 10 years.	UNDIKA Corner bumper (quantity adjusted for 8-pack size)

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E1	5.1	HHAB	Safety equipment	Cupboard locks		Amazon	8.48	10	1	521.4	0.02	10-pack of cupboard locks from Amazon/supermarket. 10 years.	Septeamay Child Safety Cupboard Locks, 10 Pack Adjustable Cupboard Locks for Children Baby, Child Locks for Kitchen Cupboards Cabinet Fridge Drawer Refrigerator Toilet, Easy Install, No Tools Needed
E1	5.5	HHABC	Living area	Fire guard		B&Q	27.99		1	521.4	0.05	Cheapest extendable fire guard from Argos. 10 years.	Extendable Fireguard Nursery Fire Guard Safety Child Fireplace Stove Woodburner Screen
E1	5.2	HHAB	Dining area	Shower curtain (play mat)		Poundland	5.00		2	52.1	0.19	2 plastic mats needed to protect floor (mealtimes, painting, playdough, etc.), would use cheapest plastic shower curtain as cheapest option from Poundland/Home Bargains/B+M. 1 year.	Pepco Shower Curtain With Hooks - Navy Blue Stripes
E1	5.4	HHABC	Kitchen, tableware	Plastic plates		Ikea	1.00	6	1	52.1	0.02	4-6 reusable plastic plates. E.g. IKEA set (or B&M / supermarket / Primark). 1 year.	KALAS Plate, mixed colours, 6 pack
E1	5.4	HHABC	Kitchen, tableware	Plastic bowls		Ikea	1.00	6	1	52.1	0.02	4-6 reusable plastic bowls. E.g. IKEA set (or B&M / supermarket / Primark). 1 year.	KALAS Bowl, multicolour, 6 pack
E1	5.4	HHABC	Kitchen, tableware	Plastic cups		Ikea	1.00	6	1	52.1	0.02	4-6 reusable plastic cups. E.g. IKEA set (or B&M / supermarket / Primark). 1 year.	KALAS Mug, multicolour, 6 pack
E1	5.4	HHAB	Kitchen, tableware	Plastic cutlery		Ikea	1.00	18	1	52.1	0.02	6 sets of reusable plastic cutlery from B&M/supermarket/Primark/IKEA. 10 years. 1 year.	KALAS 18-piece cutlery set, mixed colours
E1	5.6	HHAB	Kitchen, consumables	Stain remover (laundry)		Tesco	7.20		1	4.3	1.66	1 tub of Vanish stain remover. Replaced monthly.	Vanish Gold Oxi Action Laundry Stain Remover Powder Colours 850g
E1	5.6	HHAB	Kitchen, consumables	Stain remover (carpet and upholstery)		Tesco	2.15		1	4.3	0.49	Carpet stain remover. Replaced monthly. Should also work for upholstery (sofas etc.).	Tesco Carpet & Upholstery Cleaner 500ml
E1	5.4	HHABC	Bathroom	Step stool		Tesco	6.00		1	521.4	0.01	Plastic step from supermarket/Argos/Home Bargains, for bathroom. 10 years.	Tiny to Tots Step Stool
E1	5.6	HHABC	Bathroom	Bath mat (inside, anti-slip)		Asda	5.50		1	26.1	0.21	Non-slip mat with suction pads for inside bath. Supermarket/Home Bargains/IKEA/Amazon. 6 months.	George Home Clear Extra Long PVC Bath Mat
E1	5.4	HHABC	Bathroom	Plastic jug		B&M	0.99		1	521.4	0.00	Plastic jug for washing hair. Cheapest plastic, 10 years.	Simply Everyday Measuring Jug 1L
E1	5.4	HHAB	Bathroom	Toy storage		Asda	7.00		1	26.1	0.27	Toy storage net. Replaced every 6 months	Munchkin High'n'Dry Corner Bath Organiser
												E: Household Goods and Services	£ 34.31
												E1: Household Goods	£ 34.31

MIS 2024 REBASE

E: Household goods and services

Partnered parents + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
E2A1	7.4	PP	Postage	Postage and deliveries			60.00		1	52.1	1.15	Shopping is increasingly online, not always possible to get free delivery (or free click-and-collect), and possibility too of needing some paid returns. £60 per year; on average £5 per month.	
E2A1	7.4	PP	Postage	IKEA delivery		Ikea	40.00		1	52.1	0.77	One bulky IKEA delivery cost per year.	Ikea home delivery: selected day delivery (cheapest option available) = £40, with an example 4 items of furniture. This delivery cost stays the same if adding a fifth item of furniture to the online shopping basket.
E2A2	8.1	PP	Telephone	Mobile telephone (handset)	Motorola	Tesco Mobile	0.00	1	1	104.3	0.00	Tesco Mobile package with a new phone every two years. Fairly basic smartphone, but able to run a variety of apps (including apps from children's school). Good enough for fairly heavy usage - not expensive, but not too basic either. Groups selected the £14.50 per month Motorola Moto G13 package (with 3GB data), as the cheapest from Tesco for a phone with 128GB storage and 4GB RAM.	Motorola Moto G14 (128GB storage, 4GB RAM). The G13 phone is no longer available from Tesco, but the G14 has the same storage, RAM and monthly contract cost. £0 upfront cost with 24-month contract.
E2A2	8.3	PP	Telephone and fax services	Mobile telephone (bills)		Tesco Mobile	14.50		1	4.3	3.34	Tesco Mobile package with a new phone every two years, unlimited texts & calls, and a data allowance (at least 2GB of data needed per month).	Tesco Mobile: Motorola Moto G14 phone, 24-month contract, 3GB data per month, unlimited calls and texts, £14.50/month, no up-front cost.
E2C	5.6	PP	Childcare	Babysitting			20.00		6	52.1	2.30	£20 x 6 times per year.	
E2B	13.3	EA	Childcare	Childcare			5.69		50	1.0	284.28	Nursery 8am-6pm, 5 days per week, 50 weeks of the year. Food may be included in the fees, or the parents could provide packed lunches. Nappies and wipes would not be included in the fees. Adds 4 miles per day to car mileage.	Taken from Coram childcare survey. This is the average cost of nursery for the GB excluding London, based on 50 hours per week.
E: Household Goods and Services												£	291.83
E1: Household Goods												£	-
E2: Household Services												£	291.83
E2A: Communication												£	5.25
E2A1: Postage												£	1.92
E2A2: Telephone												£	3.34
E2B: Childcare												£	284.28
E2C: Other Household Services												£	2.30

MIS 2024 REBASE

F: Personal goods and services, including health

Partnered parents + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	13.1	PP	Mother, Personal care	Hairdressing			70.00		1	4.0	17.50	£70 every 4 weeks, to allow for a wider variety of hair types and their associated costs (e.g. braiding - without extensions - of natural African / African Caribbean hair).	
F	13.1	PP	Mother, Personal care	Hair products (additional)			10.00		1	4.3	2.30	£10 a month for extra or more expensive hair products, to account for cultural/ethnic differences.	
F	13.1	PP	Mother, Personal care	Hair colour	Garnier	Tesco	4.40		1	4.3	1.01	Home hair colour every month. Recognisable brand.	Garnier Belle Color 4 Natural Dark Brown Permanent Hair Dye (range of colours available for same price)
F	13.1	PP	Mother, Personal care	Hairdryer	Tresemmé	Tesco	16.00		1	156.4	0.10	From supermarket/B+M/Boots. Recognisable brand (e.g. Tresemmé) replaced every 3 years	Tresemme Fast Dry 2000 9142Tu
F	13.1	PP	Mother, Personal care	Straighteners	Tresemmé	Tesco	27.00		1	156.4	0.17	From supermarket/B+M/Boots. Recognisable brand (e.g. Tresemmé) replaced every 3 years	Tresemme Ceramic Styler 230 2089Tu
F	13.1	PP	Mother, Personal care	Hair styling products			15.00		1	4.3	3.45	Budget of £15 per month for hair styling products (e.g. hair spray, hair serum, hair gel, hair wax)	
F	13.1	PP	Mother, Personal care	Toilet roll	Tesco	Tesco	8.25	12	1	6.0	1.38	2 rolls per week.	Tesco Luxury Soft Toilet Tissue 12 Double Rolls
F	13.1	PP	Mother, Personal care	Shower gel	Dove	Tesco	1.50		1	2.0	0.75	From supermarket/B+M/Boots. Recognisable brand, a Tresemmé or Pantene price-level product. Replaced every 2 weeks.	Dove Reviving Pomegranate & Hibiscus Body Wash Shower Gel 225ml
F	13.1	PP	Mother, Personal care	Shampoo	Pantene	Tesco	2.75		1	4.3	0.63	From supermarket/B+M/Boots. Recognisable brand, a Tresemmé or Pantene price-level product. Replaced every month.	Pantene Smooth & Sleek Shampoo 400MI
F	13.1	PP	Mother, Personal care	Conditioner	Pantene	Tesco	2.75		1	4.3	0.63	From supermarket/B+M/Boots. Recognisable brand, a Tresemmé or Pantene price-level product. Replaced every month.	Pantene Active Pro-V Smooth & Sleek Hair Conditioner 275ml
F	13.1	PP	Mother, Personal care	Face wash	Simple	Tesco	2.50		1	4.3	0.58	From supermarket/B+M/Boots. Recognisable brand replaced every month	Simple Kind To Skin Refreshing Face Wash Gel 150MI
F	13.1	PP	Mother, Personal care	Cotton wool pads	Tesco	Tesco	1.50	100	1	4.8	0.32	From supermarket/B+M/Boots. 3 per day.	Tesco Cotton Wool Double Faced Pads 100
F	13.1	PP	Mother, Personal care	Makeup cleanser	Simple	Tesco	5.30		1	4.3	1.22	From supermarket/B+M/Boots. Recognisable brand replaced every 2 weeks (increased to 1 month because of product size).	Simple Kind To Skin Micellar Cleansing Water 400MI
F	13.1	PP	Mother, Personal care	Shower cap	H&A	Tesco	1.25		1	52.1	0.02	Cheapest from supermarket/B+M/Boots. Replaced every year	Bath Shower Cap
F	13.1	PP	Mother, Personal care	Bath or shower lily	H&A	Tesco	1.00		1	4.3	0.23	1 per month.	Bath Essentials Body Puff (Coloured)
F	13.1	PP	Mother, Personal care	Bubble bath	Radox	Tesco	1.49		1	4.3	0.34	1 per month.	Radox Feel Pampered Bath Soak Bubble Bath 500ml
F	13.1	PP	Mother, Personal care	Deodorant	Dove	Tesco	1.70		1	2.0	0.85	From supermarket/B+M/Boots. Recognisable brand replaced every 2 weeks	Dove Women Antiperspirant Deodorant Fresh Roll On 50MI
F	13.1	PP	Mother, Personal care	Toothpaste	Colgate	Tesco	0.99		1	4.0	0.25	Recognisable brand from supermarket/B+M/Boots. Replaced every 4 weeks	Colgate Triple Action Toothpaste 75MI

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	13.1	PP	Mother, Personal care	Toothbrush	Colgate	Tesco	1.50	3	1	39.1	0.04	Manual toothbrush (recognisable brand) from supermarket/B+M/Boots. 3 months.	Colgate Extra Clean Medium Toothbrush 3 Pack. 1 toothbrush lasts 3 months, so 3-pack lasts 9 months.
F	13.1	PP	Mother, Personal care	Mouthwash	Colgate	Tesco	2.00		1	4.3	0.46	Recognisable brand from supermarket/B+M/Boots. Replaced every month	Colgate Triple action mouthwash 500ml
F	13.1	PP	Mother, Personal care	Dental floss	Oral-B	Tesco	1.50		1	4.3	0.35	1 roll per month, individual (not household) item.	Oral-B Satin Tape Dental Floss 25M
F	13.1	PP	Mother, Personal care	Razors	Gillette	Tesco	1.50	4	1	4.0	0.38	Disposable razors. From supermarket/B+M/Boots. Recognisable brand. 1 razor per week	Gillette Simply Venus 2 Women's Disposable Razors 4 Pack
F	13.1	PP	Mother, Personal care	Shaving gel	Gillette	Tesco	2.85		1	13.0	0.22	From supermarket/B+M/Boots. Recognisable brand. Replaced every 3 months	Gillette Satin Care Sensitive Aloe Vera Glide Shaving Gel 200ml
F	13.1	PP	Mother, Personal care	Moisturiser (face)	Nivea	Tesco	5.20		1	4.3	1.20	Face moisturiser with SPF 30 from supermarket/B+M/Boots. Recognisable brand replaced every month	NIVEA Refreshing 24 Hour Moisture SPF30 Day Cream 50ml
F	13.1	PP	Mother, Personal care	Moisturiser (body)	Dove	Tesco	3.50		1	13.0	0.27	Large body lotion from supermarket/B+M/Boots. Recognisable brand replaced every 3 months	Dove Essential Nourishing Lotion 400ML
F	13.1	PP	Mother, Personal care	Lip balm	Vaseline	Tesco	1.25		1	26.1	0.05	Small round tin of Vaseline, lifespan 6 months.	Vaseline Lip Therapy Original 20G
F	13.1	PP	Mother, Personal care	Hair brush (flat)	Cantu	Tesco	7.50	1	1	52.1	0.14	1 flat brush for everyday use. From supermarket/B+M/Boots. Approx. £12. Replaced every year	Cantu Smooth Thick Hair Paddle Brush
F	13.1	PP	Mother, Personal care	Hair brush (round)	Denman	Tesco	11.00	1	1	52.1	0.21	1 round brush for blow drying. From supermarket/B+M/Boots. Approx. £8. Replaced every year	Denman Classic Styling Brush 02-8394
F	13.2	PP	Mother, Personal effects	Hair bobbles	Leo Bancroft	Tesco	1.70	15	1	9.8	0.17	Cheapest 20-pack of hair bobbles. From supermarket/B+M/Boots. Replaced every 3 months	Leo Bancroft Snagfree Bands Brown 15 Pack (lifespan adjusted for 15-pack)
F	13.1	PP	Mother, Personal care	Sanitary products			6.50		1	4.3	1.50	Budget of £6.50 per month for choice of branded sanitary products.	
F	13.1	PP	Mother, Personal care	Suncream	Garnier	Tesco	6.50		1	52.1	0.12	Recognisable brand from supermarket/B+M/Boots. Replaced every year	Garnier Ambre Solaire Invisible Protect Spray Spf 50 200ML
F	13.1	PP	Mother, Personal care	Cosmetics			150.00		1	52.1	2.88	£150 per year (e.g. £12.50 for one product per month, on average).	
F	13.1	PP	Mother, Personal care	Perfume			60.00		1	52.1	1.15	£60 per year.	
F	13.2	PP	Mother, Accessories	Toiletries bag	Primark	Primark	6.00	1	1	260.7	0.02	Plastic toiletries bag from Primark, lifespan 5 years.	Rolldown Wash Bag
F	13.2	PP	Mother, Personal effects	Sunglasses	Primark	Primark	3.50	1	1	52.1	0.07	1 year.	Tinted Round Frame Sunglasses (lots of choice at Primark at this price-point)
F	13.2	PP	Mother, Personal effects	Jewellery			100.00		1	312.9	0.32	£100 every 6 years for occasional watches, earrings, necklaces, etc.	
F	13.2	PP	Mother, Accessories	Handbags (everyday)		New Look	29.99	1	2	52.1	1.15	2 larger everyday bags. From supermarket. 1 year.	Brown Leather-Look Buckle Tote Bag
F	13.2	PP	Mother, Accessories	Handbags (occasion)	George	Asda	18.00	1	2	260.7	0.14	2 small occasion bags. From supermarket. 5 year.	Cream Leather Look Saddle Bag
F	13.2	PP	Mother, Accessories	Purse	River Island	River Island	12.00	1	1	208.6		River Island, 4 years.	Pink Embossed Weave Purse
F	13.2	PP	Mother, Accessories	Suitcase	Primark	Primark	32.00	1	1	208.6	0.15	Medium wheely suitcase, Primark, 4 years.	Hard Shell 4-Wheel Suitcase (size: M)

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	13.2	PP	Mother, Accessories	Weekend bag	Primark	Primark	17.00	1	1	208.6	0.08	Weekend style bag, Primark, 4 years.	Quilted Weekend Bag
F	13.2	PP	Mother, Accessories	Rucksack	Primark	Primark	16.00	1	1	208.6	0.08	Backpack, Primark, 4 years.	Compact Travel Backpack
F	13.1	PP	Father, Personal care	Hairdressing			30.00		1	4.3	6.90	£30 per month, to allow some flexibility for the type, place and frequency (e.g. accounting for cultural/ethnic differences). This would also include any special additional or more expensive hair products needed.	
F	13.1	PP	Father, Personal care	Toilet roll	Tesco	Tesco	8.25	12	1	6.0	1.38	2 rolls per week.	Tesco Luxury Soft Toilet Tissue 12 Double Rolls
F	13.1	PP	Father, Personal care	Shower gel	Nivea	Tesco	1.20		1	2.0	0.60	Recognisable brand (equivalent to the mother's), 2 weeks.	Nivea Men Energy Shower Gel 250MI
F	13.1	PP	Father, Personal care	Shampoo	Head & Shoulders	Tesco	2.50		1	4.3	0.58	Recognisable brand (equivalent to the mother's), 1 month.	Head & Shoulders Classic Clean Anti Dandruff Shampoo 250MI
F	13.1	PP	Father, Personal care	Conditioner	Simple	Tesco	3.25		1	4.3	0.75	Recognisable brand (equivalent to the mother's), 1 month.	Simple Kind To Hair Gentle Care Conditioner 400MI
F	13.1	PP	Father, Personal care	Deodorant	Sure	Tesco	2.00		1	2.0	1.00	Recognisable brand (equivalent to the mother's), 2 weeks.	Sure Men 72h Quantum Dry Roll-On Antiperspirant Deodorant 50ml
F	13.1	PP	Father, Personal care	Toothbrush	Colgate	Tesco	1.50	3	1	39.1	0.04	Same as the mother's. Manual toothbrush. 3 months.	Colgate Extra Clean Medium Toothbrush 3 Pack. 1 toothbrush lasts 3 months, so 3-pack lasts 9 months.
F	13.1	PP	Father, Personal care	Toothpaste	Colgate	Tesco	0.99		1	4.0	0.25	Same as the mother's. Replaced every 4 weeks	Colgate Triple Action Toothpaste 75MI
F	13.1	PP	Father, Personal care	Dental floss	Oral-B	Tesco	1.50		1	4.3	0.35	1 roll per month, individual (not household) item.	Oral-B Satin Tape Dental Floss 25M
F	13.1	PP	Father, Personal care	Mouthwash	Colgate	Tesco	2.00		1	4.3	0.46	Recognisable brand from supermarket/B+M/Boots. Replaced every month	Colgate Triple action mouthwash 500ml
F	13.1	PP	Father, Personal care	Moisturiser (face)	Nivea	Tesco	6.00		1	4.3	1.38	Nivea for men, 1 month.	Nivea Men Intensive Moisturising Face Cream 50MI
F	13.1	PP	Father, Personal care	Moisturiser (body)	Nivea	Tesco	4.00		1	4.3	0.92	Nivea for men, 1 month.	Nivea Men moisturiser, 150ml
F	13.1	PP	Father, Personal care	Lip balm	Vaseline	Tesco	1.25		1	26.1	0.05	Small round tin of Vaseline. 6 months.	Vaseline Lip Therapy Original 20G
F	13.1	PP	Father, Personal care	Suncream	Garnier	Tesco	6.50		1	52.1	0.12	Same as the mother's. 1 year.	Garnier Ambre Solaire Invisible Protect Spray Spf 50 200MI
F	13.1	PP	Father, Personal care	Shaving gel	Nivea	Tesco	3.45		1	13.0	0.26	Equivalent to the mother's. Recognisable brand. 3 months.	Nivea Men Sensitive Shaving Gel 200MI
F	13.1	PP	Father, Personal care	Electric razor / hair clippers	Babyliss	Tesco	38.00		1	521.4	0.07	Babyliss, £30-60, 10 years.	Babyliss 7255U 10 In1 Titanium Grooming Kit
F	13.1	PP	Father, Personal care	Nose trimmer			0.00		1	521.4	0.00	Part of the beard trimmer	(Included with the father's electric razor / hair clippers)
F	13.1	PP	Father, Personal care	Hair gel	Derma	Tesco	1.90		1	4.3	0.44	Small pot of hair gel/wax per month, recognisable brand.	Derma V10 Styling Wax 50MI
F	13.1	PP	Father, Personal care	Aftershave			60.00		1	52.1	1.15	£60 per year to spend on aftershave.	
F	13.2	PP	Father, Personal care	Toiletries bag	Primark	Primark	6.00	1	1	260.7	0.02	Plastic toiletries bag from Primark, lifespan 5 years.	Rolldown Wash Bag
F	13.2	PP	Father, Personal effects	Sunglasses	H&M	H&M	15.99	1	1	260.7	0.06	1 pair, from Primark/Matalan/supermarket/ASOS/H&M, 5 years	Polarised sunglasses

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	13.2	PP	Father, Personal effects	Jewellery (including watches)			100.00		1	312.9	0.32	£100 budget for jewellery and watches, to last for 6 years	
F	13.2	PP	Father, Accessories	Wallet	Primark	Primark	5.00	1	1	52.1	0.10	Primark/Matalan/supermarket/ASOS/H&M/Sports Direct. 1 year.	Faux Leather Bi-Fold Wallet
F	13.2	PP	Father, Accessories	Suitcase	Primark	Primark	32.00	1	1	208.6	0.15	Medium wheely suitcase, Primark, 4 years.	Hard Shell 4-Wheel Suitcase (size: M)
F	13.2	PP	Father, Accessories	Holdall	Primark	Primark	18.00	1	1	208.6	0.09	Holdall, Primark, 4 years.	Multi-Compartment Weekend Bag
F	13.2	PP	Father, Accessories	Rucksack	Primark	Primark	18.00	1	1	208.6	0.09	Backpack, Primark, 4 years.	Hiking Rucksack
F	13.1	PP	Household, Personal care	Liquid soap (bathroom)	Palmolive	Tesco	1.15		1	2.0	0.58	Liquid soap from supermarket/B+M/Boots. Recognisable brand. 2 weeks.	Palmolive Sensitive Handwash 300MI
F	13.1	PP	Household, Personal care	Cotton buds	Tesco	Tesco	0.50	200	1	13.0	0.04	3 months.	Tesco 200 Cotton Buds
F	13.1	PP	Household, Personal care	Vaseline	Vaseline	Tesco	1.90		1	52.1	0.04	1 year.	Vaseline Petroleum Jelly 100ml
F	13.1	PP	Household, Personal care	Nail scissors	Tesco	Tesco	2.10		1	521.4	0.00	10 years.	Tesco Essentials Nail Scissors [sic]
F	13.1	PP	Household, Personal care	Tweezers	Tesco	Tesco	2.20		1	521.4	0.00	10 years.	Tesco Essentials Straight Tweezer
F	13.1	EA	Personal care	Hairdressing, toddler			0.00		1	13.0	0.00	Not needed	
F	13.1	EA	Personal care	Suncream		Tesco	4.00		1	52.1	0.08	Factor 50 suncream. From supermarket.	Tesco Soleil Kids Sensitive 50Spf Sun Spray 200MI
F	13.1	EA	Personal care	Toothbrush (toddler)		Tesco	0.80		1	13.0	0.06	Age-appropriate baby toothbrush. From supermarket. 3 months.	Pro Formula Baby Steps Toothbrush 0-2 years
F	13.1	EA	Personal care	Toothpaste (toddler)		Tesco	0.80		1	52.1	0.02	Baby toothpaste. From supermarket. 1 year.	Pro Formula Baby Steps Gently/Gentle Mint Toothpaste 0-2 75ml
F	13.1	EA	Personal care	Dummies		Tesco	5.00	2	2	13.0	0.77	Pack of 3-4 dummies. 3 months.	Fred & Flo Day And Night Soothers 2 Pack
F	13.1	EA	Personal care	Body wash		Tesco	1.50		1	4.3	0.35	Top-to-toe baby body wash. Generic brand for sensitive skin. From supermarket. Replaced monthly.	Tesco Kids Sensitive Bath and Bodywash 500ml
F	13.1	EA	Personal care	Baby shampoo		Tesco	6.50		1	26.1	0.25	Sulfate free, branded shampoo. E.g., Aveeno. From supermarket. 6 months.	Aveeno Kids Shampoo 250ml
F	13.1	EA	Personal care	Bubble bath		Tesco	1.00		1	4.3	0.23	1 large bubble bath. 1 month.	Fred & Flo Baby Bedtime Bath 500ml
F	13.1	EA	Personal care	Moisturiser		Tesco	4.50		1	10.4	0.43	Tub of aqueous cream (500ml). 6 months. From supermarket. Childs Farm brand, in case of sensitive skin. (The Childs Farm product is 200ml so would last 2.4 months (6 months x (200ml/500ml))).	Childs Farm Baby Moisturiser Mildly Fragranced 200ml
F	13.1	EA	Personal care	Sponge		Tesco	1.00	2	1	8.7	0.12	Pack of 2 sponges. From supermarket. 2 months.	Tesco Essentials Soft Sponges 2 Pack
F	13.1	EA	Personal care	Hairbrush		Tesco	6.50		1	156.4	0.04	Lasting 3 years. From supermarket	Dash Detangling Panda Animal Hairbrush
F	13.1	EA	Personal care	Nappies		Tesco	4.99	84	1	2.0	2.50	6 per day. From Supermarket. 84 in pack so would last 2 weeks.	Fred & Flo 84 Ultra Dry Nappies Size 4 Jumbo Pack
F	13.1	EA	Personal care	Swim nappies		Amazon	5.69		1	156.4	0.04	CB3A changed to a washable nappy, adjustable for use for ages 0-3.	Healifty Reusable Swim Nappy, Swimming Diapers Deep sea Blue Fish for Newborn Toddler Baby Boys Girls(0-3 years old)
F	13.1	EA	Personal care	Nappy bags		Tesco	0.95	150	1	10.7	0.09	2 per day. From supermarket.	Fred & Flo 150 Nappy Bags

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments	
F	13.1	EA	Personal care	Baby wipes		Tesco	0.80	56	1	1.0	0.80	1 pack of baby wipes per week. From supermarket.	Fred & Flo 56 Biodegradable Extra Sensitive Wipes	
F	13.2	EA	Accessories	Backpack		Asda	16.00		1	208.6	0.08	1 backpack needed from H&M/supermarket/Primark. 4 years.	Blue Monster Rucksack	
F	13.2	EA	Accessories	Bibs (plastic)		Tesco	4.20	1	2	521.4	0.02	2 waterproof bibs from supermarket/IKEA (e.g. silicone, pelican style). 10 years.	Nuby Roly Poly Silicone Bib	
F	13.2	EA	Accessories	Bibs (fabric)		Tesco	5.00	1	4	260.7	0.08	4 apron bibs with full coverage from supermarket/IKEA. 5 years	Nuby Coverall Bib 12 Months Plus	
F	13.2	EA	Accessories	Pushchair		Smyths	79.99		1	260.7	0.31	Lightweight, foldable. With hood and raincover. Not cheapest (approx. £75-100). 5 years	Graco Breaze Air Stroller Couture Graphite (including fully extending hood, rain cover and shopping basket, 5 point safety harness, multi-position recline, lie flat recline for newborns, and compact fold)	
F	13.2	EA	Accessories	Baby carrier / sling		Amazon	50.00		1	469.3	0.11	Baby carrier / sling. From Amazon or Argos, approx. £50 to allow for 9-year lifespan (with potential use across multiple children and/or reselling).	Kikka Boo Baby Carrier Hoody Red Baby Carrier	
F	13.2	EA	Accessories	Car seat		Smyths	119.99	1	1	208.6	0.58	Car seat 0-4 years, Smyths/Halfords. Isofix or seat belt. 4 years.	Graco FlexiGrow R129 Belt-Fitted Car Seat 76-150cm Onyx (discounted from £139.99)	
F	13.2	HHAB	Personal care	Bath thermometer		Amazon	3.64		1	104.3	0.03	To check bath water temperature is safe. Cheapest. 2 years.	Baby Safe Floating Bath Thermometer - GIRAFFE, Analog	
F	13.1	HHAB	Personal care	Nail clippers		Asda	3.49		1	521.4	0.01	Nail clippers suitable for children. From supermarket. 10 years.	Tomme Tippee Essentials Baby Nail Clippers 0m+	
F	13.2	HHAB	Personal care	Toilet training seat		Tesco	8.00		1	104.3	0.08	From supermarket. 2 years	Baby Shark Training Seat	
F	13.2	HHAB	Personal care	Potty		Tesco	6.00		2	104.3	0.12	Two potties, from supermarket/IKEA/Wilko/B&M. 2 years	Tiny to Tots Steady Potty	
F	13.2	HHAB	Personal care	Changing mat (toddler)		Asda	12.00	2	1	104.3	0.12	Changing mat approx £10. From Matalan?. 2 years	Red Kite Grey Baby Changing Mat - Set of 2 (Matalan options are min. £13.60 and online-only, plus £10 delivery). Set of 2, so one upstairs and one downstairs?	
F	13.2	HHAB	Accessories	Baby changing bag		Argos	40.00		1	104.3	0.38	Baby changing bag, including travel changing mat. Supermarket. 2 years.	Dreambaby Carryall Backpack With Change Mat (same price as cheapest option from Asda)	
F	13.2	EA	Accessories	Holdall	Slazenger	Sports Direct	17.00		1	260.7	0.07	Medium size holdall for each primary or secondary school child. Sport Direct/TK Maxx/Argos, cheapest ok. 5 years.	Slazenger Medium Holdall. Added for younger children in place of shared large holdall.	
												F: Personal Goods and Services	£	68.76

MIS REBASE 2024

F: Personal goods and services, including health

Partnered parents + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	6.1	PP	Health care	Prescriptions		NHS	9.65		8	52.1	1.48	4 needed per year per parent, so 8 needed per couple	NHS prescription, single charge. 2023-24 prescription charge: £9.65 per medicine or appliance (N.B. from 1st May 2024 this will rise to £9.90)
F	6.2	PP	Health care	Opticians - eye test		Specsavers	35.00		2	104.3	0.67	Check-up every 2 years, plus cost of retinal scan	Specsavers eye test with additional Optical Coherence Tomography (OCT) test. Cost of the eye test "varies, but it's around £20-25... you can also book an additional Optical Coherence Tomography (OCT) test. In most stores, the cost of our hospital-grade OCT appointments is just £10 but in some Scottish stores this may vary."
F	6.1	PP	Health care	Opticians - glasses		Specsavers	90.00		2	104.3	1.73	£90, to allow for a combination of £50 frames and £40 for the cheapest varifocal lenses (now cheaper than bifocals). 2 years.	Wide range of frames costing £50, and Specsavers varifocal lenses start at £40. 2-for-1 offer available £70-£150 frames (but then more limited lens options with this budget).
F	6.2	PP	Health care	Dentists - check-up		NHS	26.80		2	26.1	2.06	Check-up every 6 months with NHS dentist.	Band 1 charge (£26.80) includes examination, diagnosis, advice, and scale and polish "if clinically needed".
F	6.2	PP	Health care	Dentists - treatment		NHS	73.50		2	52.1	2.82	One NHS Band 2 treatment per year (£73.50), per parent. Lots of support also for including a private hygienist clean, but ultimately not (yet) included, for consistency with the working age adults without children.	Band 2 (£73.50): "Covers all treatment included in Band 1, plus additional treatment, such as fillings, root canal treatment and removing teeth (extractions)", but not the "more complex procedures" in Band 3.
F	6.2	PP	Health care	Other health treatments			200.00		2	52.1	7.67	£200 per year (per parent), on average, to provide top-up physical or mental health care until getting through long NHS waiting lists.	
F	6.1	PP	Health care	Paracetamol	Asda	Asda	0.65	16	1	4.3	0.15	1 pack. 1 month.	ASDA Paracetamol 500mg 16 Capsules
F	6.1	PP	Health care	Ibuprofen	Tesco	Tesco	1.80	16	1	4.3	0.41	1 pack. 1 month.	Tesco Ibuprofen 200Mg Liquid Caps 16S
F	6.1	PP	Health care	Cough medicine	Tesco	Tesco	2.90		2	26.1	0.22	6 months	Tesco Health+ Chesty Cough Relief 300ml
F	6.1	PP	Health care	Antihistamines	Tesco	Tesco	2.95	30	2	8.7	0.68	Taking 6 months of the year, when 1 pack per month (so an average 2-month lifespan per pack across the year).	Tesco Hayfever Cetirizine 30S Tablets
F	6.1	PP	Health care	Nasal spray	Calpol	Tesco	4.70		1	52.1	0.09	1 year	Calpol Saline Nasal Spray From Birth 15ml (different age categories of nasal sprays, so 'from birth' for the most universal suitability)
F	6.1	PP	Health care	Imodium	Imodium	Tesco	7.00	12	1	52.1	0.13	1 pack. 1 year	IMODIUM Instants For On-The-Go Diarrhoea Relief 12 Tablets
F	6.1	PP	Health care	Antiseptic cream	Savlon	Tesco	4.20		1	52.1	0.08	1 year	Savlon Antiseptic Cream 100g
F	6.1	PP	Health care	First aid kit	Ring	Tesco	12.00		1	156.4	0.08	3 years	Ring First Aid Kit (contains 14 x plasters, 4 x sterile first aid dressings, 2 x sterile compress (burn dressings), 5 x elastic bandages, 6 x sterile wound compress, 1 x First Aid blanket, 2 x wet wipes, 2 x triangular bandages, 1 x pair of scissors, 1 x compact storage case)

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
F	6.1	PP	Health care	Plasters	Asda	Asda	1.50	50	1	104.3	0.01	2 years	ASDA 50 Fabric Plasters
F	6.1	PP	Health care	Thermometer	Tommee Tippee	Amazon	27.99	1	1	782.1	0.04	In-ear thermometer, Tommee Tippee. From Amazon/supermarket/Boots. Approx. £15, to last 15 years.	Tommee Tippee InEar Digital Thermometer (doesn't use lens caps)
F	6.1	PP	Health care	Multivitamins	Tesco	Tesco	4.90	90	2	12.9	0.76	1 per day	Tesco A-Z Multivitamins & Minerals 90S
F	6.1	PP	Health care	Contraception	Durex	Tesco	11.00	12	4	52.1	0.84	2 boxes of 12 condoms per parent. 1 year.	Durex Originals Extra Safe Condoms Regular Fit 12 Pack
F	6.1	PP	Health care	Hot water bottle	Cassandra	Tesco	7.50	1	2	156.4	0.10	1 needed per adult or secondary school child. From supermarket. 3 years.	Cassandra Plain Fleece Hot Water Bottle Cover Set
F	6.1	EA	Health care	Paracetamol	Tesco	Tesco	2.35		1	13.0	0.18	Baby paracetamol. From supermarket. 3 months	Tesco Children's Paracetamol 2 Month Plus 100MI
F	6.1	EA	Health care	Ibuprofen	Nurofen	Tesco	3.30		1	26.1	0.13	Ibuprofen medicine. From supermarket. 6 months	Nurofen For Children Strawberry 100MI (age 3 months to 9 years; no generic version available online from Tesco or Asda)
F	6.1	EA	Health care	Antihistamine	Piriton	Superdrug	6.19		1	52.1	0.12	Piriton. 1 year.	Piriton Allergy Relief Syrup for children 150ml (1+ years; requires pharmacist-checked questionnaire when not the 6+ years version)
F	6.1	EA	Health care	Teething granules	Ashton & Parsons	Tesco	6.00	20	1	52.1	0.12	1 box teething granules. 1 year	Ashton & Parsons Teething Powders 20 Sachets
F	6.1	EA	Health care	Vapour rub	Snufflebabe	Tesco	4.10		1	52.1	0.08	Vapour rub for children. 1 year. Generic ok	Snufflebabe Vapour Rub 35G (no generic version for children under 3 years old available online from Tesco or Asda)
F	6.1	EA	Health care	Nappy cream (small)	Sudocrem	Asda	2.95		1	13.0	0.23	Sudocrem, 1 small pot for changing bag (3 months) and 1 medium one for home (6 months).	Sudocrem Antiseptic Healing Cream 60g
F	6.1	EA	Health care	Nappy cream (medium)	Sudocrem	Asda	7.00		1	26.1	0.27	Sudocrem, 1 small pot for changing bag (3 months) and 1 medium one for home (6 months).	Sudocrem Antiseptic Healing Nappy Cream 175g
F	6.1	EA	Health care	Multivitamin drops	Nature's Aid	Holland & Barrett	8.95		1	7.1	1.25	Multivitamin drops, 1ml per day.	Nature's Aid Multi Vitamin Drops Orange 50ml
F	6.1	HHABC	Health care	Plasters	Heal	Tesco	2.00	30	1	26.1	0.08	Character plasters from supermarket. 6 months.	Heal Guffalo Kids Plasters 30 Pack
												F: Personal Goods and Services	£ 22.47

MIS REBASE 2024

G: Transport

Partnered parents + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
G2	7.2	PP	Motoring	Parking fees			10.00		1	4.3	2.30	£10 per month for parking.	
G2	7.2	PP	Motoring	Driving licence renewal		UK government	14.00	1	2	521.4	0.05	Driving licence renewal required every 10 years.	£14 (per parent) if applying online.
G2	7.3	PP	Public transport	Regional public transport pass		Go North East	118.00		1	4.0	29.50	Bus or train pass needed for one of the parents; Go North East 28-day all zones bus pass.	Go North East 'All Zones - 28 Day' bus pass for 1 adult, £118. "For unlimited travel on Go North East services within County Durham, Northumberland and Tyne & Wear [including Newcastle, Sunderland and Durham]. Not valid to travel to/from Tees Valley on X lines X10."
G2	7.3	PP	Passenger transport by road	Taxi fares			100.00		2	52.1	3.84	£100 per year per adult, e.g. one taxi per month on average. To cover nights out, car breakdowns / servicing (potentially for a whole week), etc.	
G2	7.1	PP	Cycling	Bicycle			100.00		1	312.9	0.32	Second-hand bike from eBay or Facebook. Approx. £100. 6 years.	
G2	7.2	PP	Cycling	Bike maintenance		Halfords	80.00		1	52.1	1.53	Annual full service	Halfords Gold ("Enhanced") bike service, including servicing + resetting-up of brakes and gears, replacement of 2 wearable parts (e.g. brake pads), chain cleaned + lubricated, and wheels trued.
G2	7.2	PP	Cycling	Bike lights		Halfords	10.00		1	312.9	0.03	6 years.	Halfords Super Bright LED Bike Light Set
G2	7.2	PP	Cycling	Bike lock		Halfords	12.00		1	625.7	0.02	1 needed. 12 years.	Halfords Essentials Mini D-Lock
G1	7.1	PP+1	Motoring	Car (Astra)					1	260.7	78.19	1 reliable second-hand car, 5 years old, to last for another 5 years. Good condition without lots of miles on the clock (e.g. max. 130k or 140k?), and need to be compatible with clean air zones (post-2006 petrol, post-2015 diesel). Vauxhall Astra for smaller families, and Vauxhall Zafira for larger families.	
G1	7.2	PP	Motoring	Roof box		Halfords	204.00		1	260.7	0.78	Roof box for when family goes on holiday. 5 years (to match the expected longevity of the second-hand car).	Halfords 320L Roof Box - Grey
G1	7.2	HHBars	Motoring	Roof bars (ASTRA)		Halfords	169.60		1	260.7	0.65	Roof bars and other requirements like fitting kit, etc. for the Vauxhall Astra car (for smaller families). 5 years (to match the expected longevity of the second-hand car).	Halfords Advanced Square Bars S127 (Pack of 2) £44.55, plus Halfords Advanced fitting kit C146 (Pack of 4) £36.05, plus Halfords Advanced FP4 Foot Pack (Pack of 4) £69 = £149.60. Plus £20 for fitting by Halfords = £169.60.
G1	7.2.1	HHAB	Motoring	Sun shade (car windows)		Halfords	4.17	1	2	260.7	0.03	Cheap sun shades/visors for 2 side windows of car. 5 years.	Halfords Foldable Compact Sunshade
												G: Transport	£ 117.25
												G1: Motoring Expenditure	£ 79.65
												G2: Fares and Other Travel Costs	£ 37.60

MIS REBASE 2024

H: Social and cultural participation

Partnered parents + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
H1	8.1	PP	Leisure goods	TV	JVC	Currys	129.99		1	260.7	0.50	32" smart TV, one up from the bottom at Tesco/Argos/Currrys, with a warranty (although warranty not for the full expected lifespan). 5 years.	JVC LT-32C490 32" HD Ready LED TV
H1	8.1	PP	Leisure goods	Laptop	Asus	Currys	199.00		1	260.7	0.76	1 laptop to share per couple, fairly basic from Currys/Argos but with full Windows home operating system; should allow for choice of tablet if preferred. 5 years.	ASUS E410MA 14" Laptop - Intel® Celeron®, 128 GB eMMC, Blue
H1	9.2	PP	Leisure goods	Swimming goggles	Speedo	Sports Direct	10.99		1	52.1	0.21	1 year.	Speedo Jet Mirror Swimming Goggles
H1	9.2	PP	Gifts - birthdays	Gifts for others			30.00		12	52.1	6.90	12 birthday gifts (not counting own children or their friends) per year for people outside of the household, e.g. their own parents, siblings, friends, nieces, nephews, etc. £30 per gift (including cards and wrapping), or less if needing to buy more presents.	
H1	9.2	PP	Gifts - birthdays	Gifts for partners			60.00		2	52.1	2.30	£60 birthday gift for each partner (e.g. bottle of perfume/aftershave).	
H1	9.2	PP	Gifts - Xmas	Gifts for others			30.00		12	52.1	6.90	Same as birthday presents - so £30 x 12 per year.	
H1	9.2	PP	Gifts - Xmas	Gifts for partners			60.00		2	52.1	2.30	Same as birthday presents - so £60 x 2 per year.	
H1	9.2	PP	Gifts - other	Gifts for others			80.00		1	52.1	1.53	£80 per year for miscellaneous gifts. E.g. 4x £20, to cover weddings (might be more expensive than average), new babies, new homes, Easter/other festivals, etc.	
H1	9.7	PP	Newspapers, books and stationery	Christmas cards			10.00		1	52.1	0.19	£10 per year for Christmas cards, especially for older relatives. Postage could come from the existing postage & deliveries budget.	

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
H1	9.2	PP	Other recreational items	Christmas decorations			100.00		1	782.1	0.13	£100 for Christmas tree and decorations. 15 years.	
H1	9.6	PP	Donations	Charity donations			10.00		1	52.1	0.19	£10 per year for some charity donations.	
H1	9.7	PP	Newspapers, books and stationery	Stationery			10.00		1	52.1	0.19	£10 per year stationery budget, to cover e.g. 1 diary per adult, a family calendar, envelopes, notepaper, and pens.	
H1	9.2	EA	Leisure goods	Toys			20.00		1	4.3	4.60	£20 per month for toys, games, books, crafts.	
H1	9.2	EA	Entertainment and recreation	Birthday presents - for child			80.00		1	52.1	1.53	£30 for presents, plus £50 for cake, candles, birthday tea (total = £80)	
H3	9.2	EA	Entertainment and recreation	Birthday presents - for other children			10.00		1	52.1	0.19	£10 per year for small gift for one other child.	
H1	9.2	EA	Entertainment and recreation	Christmas presents - for child			90.00		1	52.1	1.73	£80 for Christmas presents for child plus £10 for a Santa visit.	
												H: Social and Cultural Participation	£ 30.18
												H1: Leisure Goods	£ 29.98
												H3:Entertainment and Recreation	0.19

MIS REBASE 2024

H: Social and cultural participation

Partnered parents + toddler

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
H4	8.3	PP	TV licence	TV licence		UK government	169.50		1	52.1	3.25	TV licence needed.	TV licence costs £169.50 per year from 1 April 2024.
H3	8.3	PP	Telephone and fax services	Broadband		Virgin Media (via Money Saving Expert)	22.34		1	4.3	5.14	Broadband internet needed. Landline not needed. Pricing should assume switching deal immediately on expiry of the initial contract.	£22.34 average monthly cost during initial contract (cheapest available via Moneysavingexpert.com covered by Ofcom automatic compensation scheme). 18-month contract, 132 Mb average speed, unlimited downloads. No setup cost, £75 reward amount (automatically applied as bill credit to account), £26.50/month cost for months 1-18 (then £54/month from month 19 onwards).
H3	8.3	PP	Entertainment and recreation	TV subscription		Netflix	4.99		1	4.3	1.148383562	One other subscription besides TV licence. Should allow for choice of e.g. Amazon Prime (with deliveries too), Netflix or Disney Plus. £4.99 Netflix (or Disney Plus) package with adverts + 2 devices.	Netflix, £4.99/month package with adverts + 2 devices ('Standard with ads'). Disney Plus have much the same package at this price too, but it wouldn't allow for Amazon Prime (currently £8.99 with adverts).
H3	9.4	PP	Leisure	Activities			100.00		2	4.3	46.03	£100 per month per parent for e.g. 2 or 3 activities per week, some potentially with no extra cost (e.g. walking or cycling). Paid activities could include gym membership plus other exercise, classes, cinema, socialising, watching sports, etc. Date nights would come out of these activities budgets (specifying 6 date nights per year), as would eating out independently of the family with colleagues or friends.	
H6	9.4	PP	UK Holidays	Holiday spending money			40.00	2	7	52.1	5.37	£20 per day extra spending money per parent for holiday, for 7 days (in combination with separate amounts in children's budgets).	

MIS CODE	COICOP	MIS ID	Category	Item	Brand	Supplier	Unit Price £	No. in pack	Quantity	Lifespan (weeks)	Weekly cost £	Shopping list	Comments
H3	9.6	PP	Entertainment and recreation	Day trips			50.00		1	52.1	0.96	£50 for family day trip (entry and food per parent).	
H3	13.9	PP	Leisure services	Passport		UK government	88.50	1	2	521.4	0.34	Passports needed, for ID purposes as well as potential travel. Would take photo themselves.	Standard adult passport application/renewal fee for online applications is £88.50. 10-year adult validity.
H6	11.2	HH*1/2 if A/B	UK Holidays	Holiday		Haven	755.00		1	52.1	14.48	1 holiday per year in the UK, 1 week during summer (peak time if any school age children, off-peak if all are toddlers or preschool) - Self-catering holiday park near the seaside, e.g. a Haven, Butlins, Hoseasons, somewhere like Skegness, Blackpool, Cornwall, or the Isle of Wight. 'Bronze' type to allow for more limited availability of 'Saver' caravans (especially in peak season) and provide its pull-out sofa bed option for 2-bedroom caravans. 1 child would sleep on the pull-out sofa bed in the lounge, when that prevents the need for a bigger caravan. Children start needing a bed (or sofa bed) from preschool age upwards; the family's travel cot(s) would be used for toddlers.	Haven Skegness, Sat 12th - Sat 19th July 2025 (7 nights), 'Bronze' caravan, 2 bedrooms (smallest available), sleeps up to 6 with pull-out sofa bed in lounge (including only 1 child for the sofa bed, so long as another child is in a travel cot). £755 with entry to swimming pools and "access to activities - some may require an additional charge". Priced in April 2024.
H3	9.4	EA	Entertainment and recreation	Social activities			5.00		1	1.0	5.00	£5 per week for 1 activity weekly. Could include soft play, farm, playgroup, library group, park trip.	
H6	9.4	EA	UK Holidays	Holiday spending money			10.00		7	52.1	1.34	£10 per day for the one-week holiday, with 7 days' spending money for ice creams, bucket & spade.	
H3	9.6	EA	Entertainment and recreation	Day trips			0.00		1	52.1	0.00	1 day trip per year at a £50 per person cost for each adult or secondary school child, £40 per preschool or primary school child, and toddlers free. Or e.g. 2 cheaper daytrips with the same budget.	
												H: Social and Cultural Participation	£ 83.06
												H3: Entertainment and Recreation	£ 58.62
												H4: TV Licence and Rental	£ 3.25
												H6: UK Holiday	£ 21.19